# UNITY

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*God's Providing Care*

CONTENTS

Joyous Prayer, *Charles Fillmore* - - - - - 1
Wait the Time with Patience, *W. Andrew Sherrill* 5
The Wings of Hope, *F. Page Brock* - - - - - 10
The Presence of God, *Beatrice M. Schafer* - - 17
Mind-Set, *Esther Freshman* - - - - - - - 20
Health—Legacy of Life, *L. Stevens Hatfield* - 26
"Why Are Ye Fearful," *Nena L. Hart* - - - 31
The Greatest Prayer, *Bess Hibarger* - - - - 36
I Meet My God in Silent Prayer, *Charles Fillmore* - 44
The Transforming Touch, *Katharine V. Holste* - 48
Sunday Lessons - - - - - - - - - - 56

*Cover—Chester County, Pa., by Hilda Hampfler*

## *Monthly Thoughts*

BY CHARLES FILLMORE

To Be Used from July 1 to July 31

*Illumination:* I place myself lovingly in the hands of the Father. His wisdom inspires and guides me.

*Prosperity:* I place all my needs lovingly in the hands of the Father. He gives me new ideas and prospers me abundantly.

*Healing:* I place myself lovingly in the hands of the Father, and He restores health to my mind and body.

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UNITY

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# Unity

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## *Joyous Prayer*

from the writings of

CHARLES FILLMORE

THERE are vibrations in space that our men of science have not yet discerned or measured. These undiscovered quantities are related to the Mind of Being and must be apprehended through the unfolding in man of supermind faculties. When the trained Christian metaphysician prays he can, with a disciplined consciousness, make contact with these forces in the ether and through them gain a certain unity with the Mind of Being. The consciousness thus attained is usually designated as the Christ consciousness or the Mind of Christ. When the union is attained an increase in spiritual power is felt and one has the assurance of the activity of spiritual principles within of which one has had hitherto no awareness.

But no man yet knows all of life's joys, nor will he until he has come into the full understanding

of spiritual communion with God. No man knows the fullness of life, nor its joys, until he has prayed in meekness and thanksgiving and has received the sweet, pure realizations of Christ. True and lasting joy arises from within. The nature of the deep inner life is revealed only to those who spiritually penetrate into its source.

Would you feed the soul on the joys of the scientific Christian? If you would you must realize them and give thanks in prayer for the more abundant life. Then you will find that a great subconscious well of living water will begin to bubble up in your soul, and you will come to know that hitherto you have been living in the shallows of life instead of in its mighty depths. You will be blessed with a knowledge of the unity of all things, and a great peace and harmony will well up within.

Man must know spiritual harmony, and therein is the source of a great secret. Musical geniuses say that they first hear their compositions before they are given outer form. Poets clothe in words and give local habitation and a name to what to the practical mind seems airy nothings.

Pythagoras, the ancient philosopher, wrote that God was singing the universe into expression and that the suns and planets were the musical notes on a grand universal staff. Shakespeare in "The Merchant of Venice" had one of his characters say:

"How sweet the moonlight sleeps upon this bank!
Here will we sit, and let the sounds of music
Creep in our ears: soft stillness and the night
Become the touches of sweet harmony.

Sit, Jessica. Look how the floor of heaven
Is thick inlaid with patines of bright gold:
There's not the smallest orb which thou behold'st
But in his motion like an angel sings,
Still quiring to the young-eyed cherubins;
Such harmony is in immortal souls;
But whilst this muddy vesture of decay
Doth grossly close it in, we cannot hear it."

The realization of God as a great wooing, all-knowing presence, an everywhere present sustaining strength, wherein each man functions and works out his own salvation is to be established in a mighty stronghold that fortifies us against all adverse beliefs.

It is said that on the ocean of life a joyful man makes a good sailor. This is true. The strong, joyful nature will make its way where others fall by the wayside. Joy, spiritual joy, is ours by divine right, and buoys us up and urges us onward to accomplishment.

It is impossible to found a lasting stronghold within on anything less than the understanding that God is a God of joy. It is through our realization of this truth that we drink heartily of the wine of life. Often even during serene, yes, sober moments, the inner man is athrill with some newborn joyful anticipation. In prayer every high realization that comes to us is to strengthen us for greater achievements.

And when we pray, let us pray with a purpose. Purpose gives life a real meaning. Purpose gives joy and zest to living. When our eye is on the goal we are not so easily perturbed. Purpose awakens

new trains of thought; purpose directs these trains of thought into new fields of achievement. Really to succeed we must have some great purpose in mind, some goal toward which we are to work. But above all, we must always purpose in our heart to achieve spiritually.

As we study the one great Presence and Power, we come to know that there is no chapter in our life that is such a failure but has back of it a grand purpose, which purpose must eventually somewhere, somehow work itself out in a most ennobling manner, well pleasing in the sight of God.

## Morning Prayer

Let me be grateful through this day,
As I Thy gifts receive;
Help me from fear to turn away
And in Thy care believe.

Grant me this day to render Thee
The saved, unspoken word,
Denied to scorn, to enmity
And lifted up unheard.

Teach me to bless through tenderness,
Impel me to forgive.
O guide my heart to understand
That as I love I live.

—*Leslie Langham*

# *Wait the Time with Patience*

W. ANDREW SHERRILL

ARE YOU GIFTED with patience? Can you wait for God to solve your problems, to provide you with the necessary wisdom and guidance, to supply you with the things you need? Do you truly have the faith to let go and let God, and then wait patiently, knowing constantly deep within yourself that the right thing or answer will come to you in God's duly appointed time? Do you know what to do while you wait? If you know all these things, you are truly blessed. Most of us find waiting difficult.

God answers our prayers. He usually answers in a manner that we have expected the least and at a time when we are not particularly meditating or thinking of our need. He answers at a propitious moment and in ample time to meet our need, but it is not always as soon as we think it should be. Later we realize that His timing was best.

A beginner usually makes his prayers to God and then asks some persons for advice about the problem. As a consequence, several answers may be received, none of which may be right because it did not come from God. The impatient beginner does not wait for God to open channels but runs around and makes contacts himself, and after he has acted on erroneous advice, the correct answer comes from God.

Have you ever said, "I wish God wouldn't wait until the twelfth hour to provide the answer"? I have said this many times. In my experience and in

most of those I have read, the answers have come at the twelfth hour and some even in the final minutes of the hour. God is good and God is love. In His good and loving way He works things out in a manner best for all concerned. It frequently takes a bit of doing to untangle us from the maze in which we are lost. Other persons have problems that sometimes need to be unraveled along with ours, because they are interwoven. This makes the task seem difficult. Is it any wonder that it is usually the twelfth hour before the answer comes? But how fortunate we are to be able to know that the answer will come in time.

Have you ever stopped to think how it might complicate situations if we knew the answer before the right time? Would we be strong enough to let the situation rest with God or would we, with our intellect, go about changing things? Meditate on this a bit and I think you will agree that God's way is best, no matter how trying the situation may seem to be.

Waiting with patience does not imply an abstinence from prayer or meditation regarding our problems, but we should not anxiously dwell on them. Our first step is to turn them over to God in prayer. Thereafter, we should not reinforce the problems by thinking of their complexities. We let go and let God, while we affirm prayerfully and often: "Thank You, God, for having resolved my problem." "Thank You, God, for my perfect health." "Thank You, God, for putting me in quick contact with the perfect work You have for me to do." "Thank You, God, for having given me prosperity." In other words, see and believe that your need has already been met and

thank God as if you had already received your answer.

Remember when Paul and Silas were in prison? The Bible does not tell us that they dwelt on their problem. Rather, "Paul and Silas were praying and singing hymns unto God." They knew that God knew of their predicament. In essence they had let go and let God. Then they prayed and gave thanks to God by singing praises. How well their method worked! We should do likewise.

Prayer, like work, is recompensed for in proportion to the amount of effort and responsibility we put into it. But prayer must be used constantly in the right manner. As Gods' children, living with and in Him, we have the right to ask that our needs be met. Jesus taught this when He said, "After this manner therefore pray ye: Our Father . . . Give us this day our daily bread." Our needs are our daily bread. If you work five minutes a day, you can expect compensation for five minutes. If you work longer you can expect more. Just as men with greater knowledge and ability get paid more, those who have increased wisdom and spirituality receive their greater recompense for the effort they spend. Remember, prayer is work on a spiritual level. Demonstrations cannot be achieved lightly. Jesus had attained to the point where His prayers were immediately answered. We have work to do and progress to make. We must work spiritually for our daily bread.

Demonstrations sometimes come about without appreciable effort on our part. God knows your every need before you do and before you ask of Him. Remember always that His will is being done, not

yours. You can and should work with Him. Whether a demonstration comes quickly or by the longer process, it is ever God's will that is being done. You will get what you need most if you persist long enough, because your need is your good trying to come to you.

Let us not forget the next clause of the Lord's Prayer, "And forgive us our debts, as we also have forgiven our debtors." These are not merely debts in the literal sense. Rather, they are any un-Christlike thought that we hold regarding anything. The words in this clause are the key to clearing the path for our prayers to be answered. We must clear out the rubbish of a retained hurt, ill feeling, fear, sensuality, or subtle vanity. We must be positive in every thought, word, and deed. We must live and be one with God, and Christlike in spirit insofar as possible. This pertains particularly to the time between our periods of prayer.

Consciously or unconsciously, everyone in the world is using the indwelling Christ Spirit to draw to himself that which he wants. A financial tycoon lives, eats, and breathes to make money. His every act is toward making money, whether in his office, on the golf course making contacts, entertaining, choosing the right place to live, and so forth. His concentrations key him in to the abundance of God. In a sense, by his concentration of thought he is praying for a specific thing. We too can pray for specific things. Broadly speaking, though, our requests should be general, such as for health, prosperity, and happiness. If we are specific, we should pray for something that is right for us to have; otherwise, the results may be disappointing. Bear in mind that

we must concentrate to obtain results and our method is prayer and the living of a Christlike life.

When we have problems or desires, we should turn them over to God. He can supply the answer and resolve any situation in a manner best for all concerned. We should not add weight to our problems by worrying about them. Thoughts are things, and they become manifest if held in mind. Let God untangle the web. Help Him by thought, meditation, and prayer to bring His divine will into manifestation. Our additional part is to wait for His good time in which the answer will come.

Patience to wait calmly is a true virtue. We do want our problems resolved. Our patience can best be exercised by our engaging in a spiritual housecleaning. "Forgive us our debts, as we also have forgiven our debtors." Then prayerfully and with faith thank God that He has already provided the answer.

"Wait for Jehovah:
Be strong and let your heart take courage."

If you wait on God in this manner, your patience will not be tried. It will be rewarded abundantly.

## GIVING

The Holy Supper is kept, indeed,
In whatso we share with another's need;
Not what we give, but what we share,
For the gift without the giver is bare;
Who gives himself with his alms feeds three,
Himself, his hungering neighbor, and me.

*Lowell*

# *The Wings of Hope*

F. PAGE BROCK

WE HAVE HOPE because we believe that a spark of the divine Spirit dwells within us. Even the people of ancient times, long before the birth of Jesus, knew the joy of hope, and believed in the possibility of goodness in their lives through the quality of hope. Many of us have read the Greek myth about Pandora, who was entrusted with a box that she was cautioned not to open. Remember how Pandora in her curiosity opened this box; all the ills of humanity flew into her happy and peaceful life, and into the world. Just as things seemed darkest and irreparable, one tiny, joyous, healing spirit popped out of the box. This charming little figure was called hope, and she promised never to leave, even though she might seem to disappear from time to time.

And, so it is today. Hope is a blessed quality that brings faith to our mind and heart, with healing flowing into and through us soon after. For a time when experiences seem very dismal or perhaps when we actually begin to believe that we shall always be in a life of ups and downs, good and evil, the spirit of hope will seem to have gone completely. Yet God's Spirit is within us waiting to quicken us, knocking at the door of our mind. When things do not go well for us and we lose hope, still God's love is infolding us and waiting for us to give up, let go, and let Him take over. An inner urge seems

to say, "Don't forget hope." This is the spark of divine life within us that is always urging us to listen to God, to wait for Him, believe in Him, and turn to Him in absolute trust. If we stop thinking of our problems or troubles even for a minute, and turn our mind toward heaven, God will help us. Perhaps, we cannot experience at once all that God has in store for us, but we see before us God's bright ray of hope. Hope captivates us and fires our imagination. We contemplate the possibility of something better than we now know or have. We consider the probability of improved conditions. Our thoughts take wing, and God's Spirit within us, the Christ, begins to speak to us and to quicken us. Perhaps at first, we do not hear, but hope has become established in our consciousness. With hope comes the seeking after Truth. Hope is the pathway up to the larger life through increased understanding. Hope is the sign that points the way to the demonstration of our good. God does not break into our consciousness all at once. Understanding of Truth comes slowly, pushing out wrong beliefs and filling our thoughts with divine ideas. Truth, flowing into our consciousness, brings healing of mind and body, and the perfect adjustment of our affairs.

The idea that healing is possible to those who have become resigned to pain is contained within the word *hope*. I experienced this realization after my back had been seriously injured. The doctor who treated me advised me to stay off of my feet completely for more than two weeks, and during this time to lie on a flat board. He said that if satisfactory healing did not take place, an operation would alle-

viate the trouble and bring about healing.

After several weeks of just managing, I visited the doctor again. He examined me and advised me that he could give me more pills and send me back to bed for two more weeks, or if I did not want to endure the pain and the partial control of my legs, there was an operation that could be performed. At the thought of an operation I groaned, and said softly, "I could pray!"

The doctor heard me and smiled. "There is hope in prayer. Yes, you could pray." His answer went straight to the center of my being. I had not considered asking God to heal me. I believed that it was enough for Him to have entered my life as a comforting presence whenever I felt alone, afraid, or confused. But, here was a real challenge. Someone was telling me to pray and have hope, in fact, expect results from my prayers. I thanked the doctor, and went home with a real determination to work with God for the healing of my back.

Healing came! Not instantly, as it has for some persons, but slowly and completely. Each day there was improvement, and each day I spent long periods in prayer. I thanked God for my perfect back. I thanked Him for His strength and vitality and healing life flowing through me. I blessed God for His continual help and guidance. At times, His presence so filled my consciousness that I felt as if something within me was moving, bending, lifting, even walking for me. The pain caused by the nerves rubbing along my spine returned, and then I would have to lie down and pray again. I threw open my consciousness to God in these moments, and His peace flowed

into and through me dissolving the discordant senses in my body.

During the first week of resolve to pray and work with God, I began to see that I needed to enlarge my understanding of Him, and of my own relationship to Him. I read many Unity pamphlets and articles about Truth. I carried burdens that were not real, and they had to be discarded, placed in God's care. As I freed my mind and grew in spiritual thinking, I lifted thoughts of burden from my back. After two weeks of prayerful living the pain disappeared completely, and my body began to rejoice. I felt renewed and strong. I knew that I was healed.

Hope did not do the healing; faith in God's power to heal had brought forth my perfect demonstration, but hope had set the process of healing into motion. Hope had quickened my thinking into the realization of God's wonderful healing life, available constantly and instantly.

There are many translations of the Bible. More Bibles are printed than any other book in the world. This is a sound indication that people everywhere are thirsting after God. In this search and consideration of the books of the Bible to learn of God is the hope of all people. Through understanding of God's message people hope for better conditions in their experiences and surroundings. They hope for peace of mind and real happiness. They hope for enough of every good thing to meet their needs. Hope is the quality, above all others, that without a key or a gimmick helps us to let in the Spirit of God. It is as simple as throwing up a window shade and letting in a flood of sunshine. God is always

near us. Ever loving us, God gives to us all good that we are willing to accept, but when the blinds are drawn in our consciousness we do not let in His goodness, nor are we really aware that He is near and truly waiting to lift us up into a better, happier, finer way of life.

There is music and poetry and love and laughter in our soul waiting to be released. There is peace and light and life ready to flow into our world from the center of our being. In pain, in sorrow, in poverty, or in seeming trouble of any kind such glory seems impossible. But in hope there is strength to turn away from the appearance of trouble, from the terror of pain or the fear of illness. In hope is our ability to "overflow with joy in all our affliction," for we begin to let in a bit of Truth, and Truth is a powerful leavening agent. We begin to change from the inner part of our being, and then the outer part of our identity changes. We begin to feel good. We feel good again, little by little, until finally we have turned wholeheartedly to God within ourselves. Because of our hopes and our dreams we affirm, *"I place myself entirely in your hands, Father-God, and I accept my perfect good now."*

In "Macbeth," Shakespeare wrote,

"Canst thou not minister to a mind diseased,
Pluck from the memory a rooted sorrow,
Raze out the written troubles of the brain . . .
Cleanse the stuffed bosom of that perilous stuff
Which weighs upon the heart?"

Hope is the minister that gently comes to the troubled mind, roots out sorrow, and brightens the heart. Hope comes like an angel thought from a

friend, or even perhaps from a stranger, but nevertheless, there is hope, the mother of faith, and then all things are possible in our understanding of God. When we will believe in a little good, our bit of good will manifest for us, and our awareness of good will increase. Through our beginning with hope, we come to the acceptance of abundant good, in fact, all good.

There is no Truth in evil, no reality in negative conditions. What so recently seemed like a terrible nightmare has disappeared, and in its stead our faith has broken forth into the reality of goodness. We see rightly our peace, love, abundance, and fullness of joy right where we are, and right now. I have learned this Truth through hope in the goodness of God and faith in His presence. In prayers and affirmations my hope has burst forth into strong faith and determination to behold my good.

You have hope now, perhaps not a strong faith, but you have hope. Hold to your hope and let it help you to develop your faith so that you may bring into your experience the good you desire. Your hope tells you that some good is possible, and with this understanding you are on the way to a life lived victoriously, peacefully, and richly in all goodness. Your hope tells you that your day can be spent happily and harmoniously, and that you can express yourself in your right place perfectly. You can be of service to God and your fellow men. You can find wonderful self-expression in whatever you do.

Affirm, *"I am God's perfect child. I express my God-bestowed abilities. I am satisfied in His goodness."* Let moments of prayer strengthen your faith

in your affirmations of Truth. Let your prayers be of joy and acceptance of the good in which you have placed your hope. God, in Truth, has answered your prayers, for He has a perfect and wonderful plan for you, and His plan is complete now. Rejoice and accept the goodness of God. As you read these words God is with you ready to fulfill your hopes and dreams according to His will through the Christ in you. God has answered before you prayed (called) so let your hope be bright. Give it space to soar, for this is your beginning of God's wonderful good planned for you from the beginning of time.

"Though there be darkness, it shall be as the morning.
And thou shalt be secure, because there is hope."

---

*It is a fair thing to ask of each Christian who prays to his Father for his supply: "Do you prepare for the things which you ask for in prayer?"*

*Follow up your prayers with a preparation for receiving your answer! You have frequently asked for healing, for promotion, for true friends, for success and opulence; yet you do not fulfill the requirements unless you make every preparation to receive that for which you have asked. Do not be like the woman who prays for supply and lives a scrimped life; or the man who prays for prosperity and makes plans for bankruptcy; or the student who asks for substance and then worries about his expenses. Let your present situation be a nucleus, a vessel, for your demonstration.*—RICHARD LYNCH

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# *The Presence of God*

BEATRICE M. SCHAFER

IN UNITY we are taught that there is but one presence, God who is omnipresent, omnipotent, and omniscient. We live and move and have our being in this presence every moment of every day, yet we realize its potentials to but a slight degree. All our troubles, lacks, sorrows, in fact, every unharmonious condition that seeks to shut out the light of this presence stems from our unawareness of God.

God's will for all His children is abundant life, light, love, and every attribute of these three powerful words. Jesus said, "I came that they may have life, and may have *it* abundantly." He also said, "I am the light of the world." The *Metaphysical Bible Dictionary* tells us, "Light is a symbol of intelligence." This intelligence is all about us, both within and without, the very presence of God. Jesus knew that He and His Father were one, and He utilized the love, wisdom, and power of the Father to heal, harmonize, and bless countless persons. Jesus practiced and perfected living in the presence of God.

As students of Truth we are learning to turn away from evil appearances and to dwell in conscious unity with our Father. This is practicing the presence of God and is a most rewarding effort. When we use affirmations such as, *"I am a loving child of God." "I am illumined by God's wisdom." "I and my Father are one." "I am one with an abundance of all good,"* we are practicing the presence of God. I AM is the

name of God in man, the veritable presence of God in each of us, our reality, the Truth of our being.

To become skilled as an artist, a musician, to reach the top in science, teaching, writing, or in any other field of endeavor requires much practice. Each day, every hour, no matter where we are or what our task, we must consciously practice if we would be alert to God's holy presence and let Him work through us.

We have all heard the story of the woman who said, "Yes, if I knew Jesus was coming to my house tomorrow, I certainly would clear away all the trash! I would sweep and dust, arrange my choicest flowers in the most attractive manner. I would cook the best food I could buy and serve it beautifully and with love. I would welcome Him with gratitude and humility." Surely, we would all do this but do we stop to realize that the holy presence is with us at all times. How glorious a truth!

The 139th Psalm tells us with wondrous symbol and language of the imminence of God.

"Whither shall I go from thy Spirit?
Or whither shall I flee from thy presence?
If I ascend up into heaven, thou art there:
If I make my bed in Sheol, behold, thou art there
If I take the wings of the morning,
And dwell in the uttermost parts of the sea,
Even there shall thy hand lead me . . .
If I say, Surely the darkness shall overwhelm me
And the light about me shall be night . . .
I will give thanks . . .
Wonderful are thy works;
And that my soul knoweth right well."

There is not even one avenue of life that is not paved with God's presence. Our sight, hearing, and every other physical sense may be taught (through practice) to be increasingly aware of the glory of the one Presence in every person and every circumstance. Joshua said, "As for me and my house, we will serve Jehovah." Let us try to recognize and be thankful for this great gift as was Brother Lawrence who faithfully practiced the presence of God, even when peeling potatoes for the soup, scrubbing the floor, or cleaning the stables. To serve this Presence day by day helps to make a living reality of the Lord's Prayer. "Thy kingdom come. Thy will be done, as in heaven so on earth."

Infinite potentials for wonder upon wonder, glory upon glory, are in God, the One. By awareness of Immanuel, God with us, by consciously and with dedication living in the Presence, we share in the great perfection and are continuously blessed with an infinite abundance of peace, harmony, and all good.

## PRAYER FOR PROTECTION

The light of God surrounds you;
The love of God infolds you;
The power of God protects you;
The presence of God watches over you.
Wherever you are, God is!

# *Mind-Set*

ESTHER FRESHMAN

IF YOU ARE PLANNING to get up tomorrow morning at seven o'clock, it is probable that tonight you will set your alarm clock for seven o'clock. Certainly, if you want to be sure to rest until seven, you will not have it disturb you at the early dawn time of five. Nor will you set it for eight, if you are determined to get up and start the day's activities at seven.

Yet many of us live by just such odd timing and direction, and certainly most of us indulge in this erratic behavior more than occasionally. I do not mean that we do this strange manipulating with the alarm clock. We do it with our mind, our thoughts, and our beliefs.

We say very definitely that we believe in God and His goodness. Then we set our mind accurately toward a belief in some fear that we have long coddled. The result? The laws of our universe do not vary or waver. A mind set to fear is a mind busily involved in fear, and God and His goodness are bypassed.

We say we believe in God and His love. We praise Him, and then turn in anger on a neighbor, who surely is God's child and a vital part in our fulfillment of the great commandment of love. The result? Our heart and mind are filled with anger and criticism. We may want to awaken at seven into God's loving world, but instead we awake uneasily

in the strange darkness of the night, our heart much concerned with unloving matters, and God, once again, has been denied room.

One of the fundamental principles learned in elementary psychology is based on the phenomenon described as "mind-set." As a clock can be set, the mind can be conditioned and aimed in the direction that its owner wishes to go. We have seen this in men and women all our life. Sometimes we call it "burning ambition." A mind is set on a certain desired goal. All else is pared off as is extra pie dough by the pastry maker's sharp knife edging around the piepan. Sometimes we may name this purposeful activity, when all the drives and energies of an individual are set to some dedicated purpose in life. Again, it may be an involvement in a simple learning procedure, such as in learning to drive a car, or learning to typewrite, or some other skill. The mind is set definitely, and is wholly receptive to the particular learning process.

Less consciously mind-set is used in everyday living, almost momentarily. If we in our study of Truth and in our daily activities put it to conscious use, it has a tremendous and vital function. It can completely readjust our thoughts of lack, of ill-health, age, weakness, turmoil, and resentment. It can change them so that our life becomes filled instead with unlimited riches, vitalizing health, eternal life, energizing and abundant strength, and a love so illuminating as to turn our whole way of life into something quite miraculous.

This is not some new idea recently brought to light by scientists. It is a principle; it is an eternal

verity, mentioned emphatically in the Bible. The mind, as in the case of all God's gifts, has been left entirely flexible and free to be used by man's will. This principle is true in its guidance and will point with accuracy and remain set toward God if so desired, but this is for man to decide. If he chooses to point it in some other direction, that is man's right in his dominion and creativeness. However, let us remember that the great spiritual and poetic prophet Isaiah says: "Thou wilt keep *him* in perfect peace, *whose* mind *is* stayed *on thee:* because he trusteth in thee."

A friend of mine has been in great physical and mental turmoil. She has formed a habit of calling me daily. We have by mutual agreement tried to work out her problems in Truth, through God's light, and she has agreed, verbally, to put all her affairs in His loving keeping. Apparently, she wants very much to set her mind toward the warmth of God's love, but in her predominating fear she has set it instead to dreaded, lonely, and dark hours. Her opening conversation is a preface to good. "I am better," she says. Then hastily she adds: "But I had a hectic night," and she slides chaotically from her good affirmation down the scale into a clutching mass of all the things that disturb her. Inevitably, her report ends in a burst of weeping. She has let go of His outstretched hand. Her mind is set to the "not good." I am confident that in time and with earnest prayer, she will fill her mind with faith and set it trustingly toward His loving abundance. The sadness is in the fact that she cannot see His welcome right now.

Cecilia Trenton had been in a somewhat similar

state of affairs. Her disturbed thinking had manifested itself not only in her manner, but her home had become a shambles. Things were in such disarray and in such apparently hopeless confusion, that many of her friends were beginning to consider the situation rather impossible. A fine counselor came to the rescue. Looking at the matter with concerned, but by no means discouraged, eyes, she suggested that Cecilia start with one very small corner.

"We must clear a corner for beauty," she told the frazzled woman. "Just one small corner is all that we have to do today."

Together, they went through the house and found a card table. They put it in a window that looked out to a blossoming oleander bush. Cecilia had forgotten how much she had always enjoyed this bush. There had been a gift of flowers that morning. These were put into a pretty vase, which had but need of the dust to be wiped off to make it a thing of loveliness. It radiated its appreciation from the center of the little table. Gay place mats came out of hiding. A few pieces of badly neglected silver were polished. A kindly neighbor's offering of a savory casserole came forth to serve the gleaming dinner plates. Cool glasses of milk were foamy and appealing. As the two women sat down before the simple meal that had been so kindly provided by those who would help, the blessing was there even before it was uttered: "Thou preparest a table before me."

In this quiet, blessed corner Cecilia was fed bodily and spiritually renewed. She was able to smile once again. Little by little orderliness spread from

this corner of beauty to the entire room. Gradually, gradually, a corner of the weary and fearful mind relaxed in His peace and stretched forward in its entirety to partake of His guidance. Now her mind is set to beauty and His goodness rather than to fearful confusion and chaotic destruction.

A mind set to unhappiness will take unto itself unhappiness. The accurate alarm clock set for seven rings at seven. The mind set to God's good receives His good, and is able to utilize it in joyful living. There are those whose minds are set for help, but they set them for help that is to come in specific ways and in those ways only. The prosperity desired has to be in the form of a check from a certain person on a certain day and in a certain mailbox. The message that would mean a change for some good has to come by phone and at a certain hour on a certain day. And when help does not come, all is despair. God is more than the mailbox. He is more than the telephone's ringing at a certain time. His ways are many, and sometimes mysterious. His timepiece is eternal, not marked to the inevitable twelve divisions on the face of the clock. Perhaps the check was not in the mailbox. I have known them to come by special delivery at odd times, never unwelcome, to be found slipped under the door. There was the message that might have come by telephone, but amazingly enough it came from the clerk in the neighborhood drug store, and was even a better message than the expected one. The mind set on God has no anxiety as to the how. That mind is busy only with overflowing gratitude. "Whatsoever ye shall ask in prayer, believing, ye shall receive."

How do you set your mind? When you are praying for prosperity, do you keep your mind set to the abundance you desire? Or, a little later that day in conversation to a friend, do you deny not only your prosperity but your faith? And are you vexed and discouraged when the clock you set carelessly rings you awake at four in the morning instead of at seven?

Yes, a great many things can be set accurately now. The car can be set to move in a certain direction, steered toward a particular destination. The washing machine can be set to launder the clothes in a certain manner. The oven can be set to a desired temperature and to turn itself off when the cake is temptingly brown. And the mind? It can be set to God and all the treasures of His kingdom. It can be set to His strength, His courage, His peace, and His ever-abundant and never-ending goodness. "If any man willeth to do his will, he shall know of the teaching," the Bible tells us. The psychologist says: "Decidedly potent is the condition usually termed the 'readiness' or 'set.' "

And powerful and blessed is the man whose mind and heart are set to God, for with God all things are possible, and His goodness is beyond measurement for man's receiving.

*One God, one law, one element,*
*And one far-off divine event*
*To which the whole creation moves.*

—TENNYSON

# *Health—Legacy of Life*

L. STEVENS HATFIELD

*He that raised up Christ Jesus from the dead shall give life also to your mortal bodies through his Spirit that dwelleth in you.*

THIS SPIRIT IN YOU is a living presence that generates life, health, harmony, and perfection through every organ and faculty of your being. Each cell of your body is a tiny unit that when functioning perfectly is an expression of the principle of animation, the life force that makes it vibrant, active, and alive.

Jesus was raised from the dead through the glory of the Father, the radiant light of life that penetrated, activated, and renewed every cell of His body. The same Spirit that made Jesus strong, vital, and radiantly alive dwells within you. When you proclaim your renewal in Christ, every cell in your body is quickened, energized, and stirred into increased activity. When you realize that the Spirit of God in you is your life you become at one with a living, vitalizing, healing force that quickens every part of your being. You become truly alive.

Have you need for freshness, for more life in your body? Be still and feel God-life circulating in and through you cleansing, purifying, freeing vitalizing every cell and atom of your being from the crown of your head to the very soles of your feet. Know that this life is a river "of living water" within you.

"For as the Father hath life in himself, even so gave he to the Son also to have life in himself."

Through Him you can and shall triumph over every harrowing experience. Through Him your mind is refreshed your body is quickened, renewed, and regenerated. His life within you is strong, swift, and sure. Be still! Be still and feel this life flowing through every nerve and cell and muscle and bone of your body, energizing, purifying, making you every whit whole.

Right where you are let go of the bondage to a belief in disease, to a belief in unavoidable, untoward experiences in life. Know that through the realization of God's presence within you, you can be healed of whatever negative thing it is that has taken hold of you.

Healing is within the reach of every living being. It is within your reach when you believe that God is within you as your very life, that He is ready and willing to heal you if you will stand aside and let Him. As you open your heart and mind to Him, His love and life will flow in and through you with ever renewing healing power.

Think often of the healing life of God within you. Know that a life-giving, renewing, restoring activity is continually taking place in every cell, every organ, every function of your body. When you have faith in this life, when you rest in the assurance that a healing work is taking place in you, you open your being to the source of life itself, and your perfect health is restored.

The life in your body is a constructive, renewing rebuilding force. When you think of God's life in

you, when you think of the silent, rebuilding, restoring work that is continually going on, you know that there is no condition beyond repair, no circumstance beyond healing. With God there is building up. With God there is restoration. With God there is renewal, because the very source of your life is God.

Do you look to external remedies to give you health? Be still and know that you have within you the very fountain of life. Open yourself to receive its vitalizing, healing flow. Know that all the life you possess is God-life. God gives you being. He sustains you. He refreshes and renews, uplifts and invigorates, quickens and blesses you with a joyous sense of perfection and well-being.

Because God is your life, you are zestful, energetic, and filled with the almighty power of never-ending strength. His life is health to your body, light to your mind, courage to your spirit. His life in you is perfect, radiant, whole, sustained by the power that brought you into being.

Are you weary of the appearance of sickness, weakness, worry, despondency? Then accept the more abundant life that Jesus came to offer to all men for all time. Let this life within you inspire you and set you free. Remember that "If any man is in Christ *he is* a new creature."

Begin now to clothe your thoughts with life. Begin today to bless your body. See it alive with the life of God. See it beautiful, radiant, perfect. Know that "If thou return to the Almighty, thou shalt be built up."

Are you discouraged because your healing has not taken place instantly? Begin now to fix all your at

tention on God as life and health within you. Know that His life is the life the substance and intelligence of your being. Know that He is always with you. Consciously banish every tense or anxious thought about your health, and think of every cell in your body as filled with His pure life. Think of every organ and muscle and nerve as blessed and harmonized by His loving, healing presence. Know that you are one with Him, and through this oneness you are assured of an unbroken flow of life circulating constantly, steadily, and regularly through you. Above all, know that "in him we live, and move, and have our being."

Accept the truth that there is no condition that is beyond God's power to heal, that the secret of life itself is hidden in the cells of your body, that His healing life is at the heart of your very being, and that His power is present even where there seems to be disease.

If you are in need of healing, stop thinking about your need and think instead of the powerful life of God in the midst of every cell in your body. Think of His life-giving presence. Affirm your oneness with Him, and your entire body will feel an uplift, will sense a newness of life, peace, and power. Know that God, who created your body in the beginning, is the life and health and strength of it now. Accept His life-giving vitality. Know that it is natural for the cells of your body to re-create and renew themselves after God's pattern of perfection inborn in them. Stir this healing power into action through the direction of your thought, your interest, and your attention to it. When you constantly and persistently think of this

life-giving Spirit that is within you, that is present in every cell and bone and nerve and tissue in your body, life is increased, and healing takes place speedily.

Your body faithfully reflects whatever you hold in consciousness. Therefore, if you start knowing that it is alive and aglow with the radiant life of Spirit it will respond with increased vitality and harmonious activity. Every cell of your body will be filled with His presence. You will be renewed rejuvenated and healed.

Right where you are in the midst of whatever you may be doing, give your body into the safe keeping of God. Rest in serene confidence. Feel that you are being healed within and without. Let the Spirit of Christ in you resurrect your every thought and raise it high above any sense of apartness from Him. Know that Christ in you is your perfect health. Let go of all tension. Feel abundant life flowing through you freely and completely. Affirm:

*Let Thy will of life be done in me.*

*Let Thy abundant life be expressed through me.*

*Let the divine purpose of my life be fulfilled in me now.*

Close your eyes. Relax, and think about the Christ life flowing in and through you. Think of your body as alive and alight with divine life. Rejoice in the Christ life that is yours now. Rest in this life. Feel the joy of His presence pulsing through your whole being. Feel your life taking on new meaning and depth. Feel yourself being healed beautifully, wholly, completely.

"For he satisfieth the longing soul,
And the hungry soul he filleth with good."

# "Why Are Ye Fearful"

NENA L. HART

ONE TIME Jesus and His apostles were crossing the Sea of Galilee, and there arose a great storm of wind and wave. Jesus was "in the stern, asleep." He had been teaching the multitudes all day and He was tired. Fearfully the apostles awakened Him. "And he awoke, and rebuked the wind, and said unto the sea, Peace, be still. And the wind ceased, and there was a great calm. And he said unto them, Why are ye fearful? have ye not yet faith?"

Jesus asked these questions, not in an impatient manner because He had been awakened, but candidly and directly. "Why are ye fearful? have ye not yet faith?" He wanted them to think. He wanted to draw their attention to the things He had already taught them, the things they should have remembered.

What if we were to stop and ask ourselves these simple questions sometime when we are in the midst of one of life's stormy times, when fear threatens to capsize our frail craft of hope? Would we uncover a faith that is hidden, "in the stern, asleep?" Would we discover that there is not so much to be fearful of as blind fear would have us believe?

The world generally accepts fear as being an inescapable part of life. We are conditioned to fear as children. We are taught to fear evil, to fear sickness, to fear poverty, to fear not being a success ac-

cording to outer standards of measure. We are taught to be competitive, neglecting the inner riches that would be our strong stay in the face of challenge.

Sometimes fear is hard to recognize. We may feel that we are displaying a legitimate concern over something when we are actually being fearful about it. We may tell ourselves that we only want to anticipate future events, but in reality fear is dictating our actions, forming our plans for the future, and shaping our relationships with others.

If fear is burdening us, if it is stifling our life and our capabilities, then surely, now is the time to make a stand against it. Now is the time to know and prove that Christ in us is our power to overcome, our strength and ability to attain. If we truly believe that we are sons of a living, loving God who desires us to walk as sons, in possession of all the loving gifts He would give us, then we must make a sincere effort to be free from fear. This will not be done by our fighting or straining against it. It will not be done by our trying to analyze minutely what caused the fear, although this may be helpful. It will be done by our dedicating ourselves to faith in God and faith in ourselves. It will be done by our wholehearted effort to accept the goodness that is revealed to us. It will be done by an expansion, an enriching of the inner man. The consciousness nurtures the small seed of faith by prayer, study, and practice. As faith continues to grow, room must be made for it, and we provide for it in consciousness by our refusal to harbor fear any longer.

Jesus knew men's hearts; He knew their needs.

The people who thronged about Him asked Him questions, told Him their fears, told Him what they longed for. What did He tell them? He said not to be anxious for their lives, that the birds had "no store-chamber nor barn," yet God fed them. Of how much more value are you than the birds? The lilies grow and are arrayed in beauty. How much more shall He clothe you? "Your Father knoweth that ye have need of these things. Yet seek ye his kingdom, and these things shall be added unto you. Fear not, little flock; for it is your Father's good pleasure to give you the kingdom."

When we are trying to have faith, when we are seeking help from God in some painful experience and it seems hard to hold fast to the good, there will come to us a definite lead on which we can pin our faith. Some message from Spirit will be flashed across the mind. It may be a simple prayer, a verse from the Bible, a poem we have read. It may even be a vision or dream. But it will surely come if we continue to hold ourselves open toward God. We can then cling to the hope that it brings us. This is God moving in, sending a glimmer of light into our dark places. This is God, telling us that He is here with us, right in the midst of the trouble.

Sustained prayer, the seeking of God early and late, is the first rule of a faith-filled life. The heart that seeks God often in prayer does not have much time for fear. Our prayers need not be complicated, nor do we need to speak more than a few simple, heartfelt words. We ask our loving Father every morning to help us live the day aware of Him and His help, that we may keep our mind and heart open

toward Him. In order to understand and grow in spiritual knowledge, we embark on a steady program of Truth study and Bible reading. We spend a quiet time with God daily, seeking the "peace of God, which passeth all understanding." In the beginning we may be timid and diffident about making the positive statement, the affirmative prayer that is a very, very potent weapon in the banishing of fear

*"I have faith in myself as the all-wise, all-loving, all-conquering son of God!"*

*"I am strong, free, and unafraid!"*

*"This day I am strong, healthy, and free. I love life, and life loves me!"*

Strong positive statements such as these, repeated again and again, exert a wonderful uplifting power. A great law lies behind this spiritual technique, and we can use it and gain its benefits at once.

Basil King says, "It is an axiom in all progress that the more we conquer the more easily we conquer. We form a habit of conquering as insistent as any other habit. Victory becomes, to some degree, a state of mind. Knowing ourselves superior to the anxieties, troubles and worries which obsess us, we *are* superior. It is a question of attitude in confronting them. It is more mental than it is material."

With God's help it is possible for us to gain freedom from fear, and how wonderful is freedom. When we gain freedom from fear, we gain freedom along all lines. We no longer live in the rigid little boundaries that fear has imposed on us, limited and limiting. We do not condemn. We do not judge. Freeing, we are ourselves freed. Forgiving, we are forgiven God's peace fills our heart and mind, and

we decree peace and healing for others. We cease worrying about tomorrow and we live today; we enjoy today.

As time goes on, we may still have challenges to meet. There will be things to solve, to learn, to grow by. But remember, we need not be subject to fear. It no longer need dictate to us or control our life. We can get out of its dark shadows and start to live by faith in the presence and power of the unseen God who, though invisible, is the only reality, the one and only goodness. He tells us, "Fear not, for I have redeemed thee; I have called thee by thy name, thou art mine. When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned, neither shall the flame kindle upon thee. For I am Jehovah thy God, the Holy one of Israel, thy Saviour."

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CHARLES FILLMORE SAID: *Faith is ever active, and it should be made the true substance of every idea. We must have faith in our own power, capacity, and ability, and to have this faith our thoughts must be centered in the great universal Mind. Success lies in God. Whatsoever is not of faith is sin; then whatsoever is of faith is not sin. This is the new standard of righteousness for the man who is putting on Christ.*

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# *The Greatest Prayer*

BESS HIBARGER

THE MISSION of Jesus came at a time of great crisis and His word of encouragement to those who companioned with Him was: "Fear not." Knowing the nature of God and the nature of man with his great needs, Jesus brought to man a safe and sure weapon for times of crisis: the prayer of faith.

It may be said that every prayer is a prayer of faith. Are there other kinds of prayers and are all prayers answered?

Someone has said that all prayers are answered in one of three ways: "yes," "no," or "wait," and that the hardest answer to take is "wait." God is a loving Father. He wants to give us what we ask, but often we ask before we are ready to receive. An earthly parent might say "no" or "wait" in such a case. I once saw a toddler with an apple in one hand and a big cookie in the other. He wanted a banana that was on a nearby table, reached and begged for it. He could not receive the banana before he had eaten or surrendered either the cookie or the apple. Many spiritual minded persons think it wrong to pray for things; but Jesus, knowing how very like children we are and that life is growth said: all things "whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them."

What is the purpose of prayer and what shall we pray for when we are faced with times of uncertainty

such as the international crisis that confronts us? Jesus spent whole nights in prayer and came from His long vigils ready to perform fresh miracles. It was because of their observation of the power of prayer in His life that the apostles asked Him to teach them to pray. He gave them the Lord's Prayer, which is sometimes called the great prayer. Its purpose was to help them become aware of God as Father and of all men as one great family, so it begins "Our Father." It revealed that the source of power is within man, that supply is constant and must not be hoarded, that the petitioner places himself on record as wanting the best, the kingdom, and by asking for it pledges himself to help receive it, that forgiveness is basic, and that God's power is unlimited. Verily, whoever is on God's side is on the right side. It is a grand request for the establishment of a kingdom of righteousness, the right-use-ness of all the good things that God has created.

The global crisis requires most urgently the complete understanding of this great prayer. We are confronted by principalities and powers denying God, hence, we need fear nothing except our neglect of the truths we should be practicing daily. Edmund Burke said, "All that is needed for the triumph of evil is that good men do nothing." Yet, when men of evil turn their backs on God, deny divine power, and leave Him out of their plans, they are bound to fail. A cartoonist of the day has summarized the situation in a few bold strokes: An ancient father of history, sadly surveying many headstones—Hitler, Mussolini, Stalin, Charlemagne, Alexander the Great, Napoleon, Attila the Hun, Domitian, Rameses, among

others, is saying, "They will never learn."

One of the truly great prayers is a prayer for wisdom. Solomon prayed for wisdom, and we are told that this prayer pleased God so much that He gave the young monarch added blessings. Solomon was succeeding his father, David, who had been a great king, dearly loved by his people until his sin against Uriah the Hittite who was a brave soldier, a loyal subject, and the husband of a beautiful woman, Bathsheba, whom David took for his wife after placing Uriah in the heart of battle where death was certain. Bathsheba became Solomon's mother.

An older son of David, Absalom, who was very handsome, extremely popular, and dearly loved by David, rebelled against the king. But for the intense loyalty of David's nephew Joab he would have succeeded, but the rebellion was crushed and Absalom slain. Solomon's succession was fraught with great danger; it was well for him to pray for wisdom. It was God's will that this kingdom over which Solomon was to rule should be wisely ruled. So his prayer pleased God. When we pray for something in the nature and will of God for us, we may certainly expect an answer. Solomon's wise prayer brought an answer, plus. In addition to wisdom, God gave Solomon riches and honor and the privilege of building the magnificent Temple, which his father had wanted so much to build.

Prayer has been outstanding through the ages in every walk of life where men believe in God. When Fred Stone, the beloved comedian, famous for his dancing, was in a plane crash that broke almost every bone in his body and crushed his ankles, doctors con

sidered his case hopeless and were sure he would never dance again. But they reckoned without his faith and courage and determination. He looked on the accident as something not in the plan of God. In the beginning God had made his body perfect and had given him a talent for making people happy. Everyone was amazed at his brave struggle. Few knew how he had prayed for complete recovery and how he had striven to help God answer his prayer. When he finally came back to Broadway with his novelty cane dance, the audience cheered with shouts of admiration and tears of joy. He finally abandoned the canes. Prayer is wonderful!

Prayer is wonderful because it transforms manhood to Godhood. A basic truth of life is that the kingdom of God is within each of us. When we become aware of this and know what to do about it, we can never be defeated. The greatest of all prayers is the prayer of unity. It is the simple step forward in faith and understanding that can be taken by anyone who wishes to know his true relation to God and to this kingdom within.

This prayer for unity is the climax of Jesus' mission. It is recorded in John 17. One must read this entire chapter and also passages that precede and follow, to get the setting of this holy event in history. Here was Jesus at the end of a trying week, on the last night with those so dear to Him, the small group of devoted friends to whom He must entrust His mission. They were filled with deep foreboding as they sat about the Passover table in the upper room to commemorate the most sacred event in their nation's history, their liberation from the bondage of a

cruel Pharaoh who centuries before had persecuted their forefathers. The traitor, Judas, had gone on his ghastly errand, unknown to the Eleven. They were heavyhearted, not quite knowing why, but they were moved to deep emotion by the sacred meaning of their great festival of freedom.

A few days earlier on their way to the Temple Jesus had pointed out to them a wonderful grapevine of huge proportions. How was He to make them understand the fullness of wonder and power that unity with the Father conferred on them? He was the world's top expert on analogies and parables, so He spoke something like this: "See this vine. I am this vine, and you are the branches. So close are we that if you abide in Me and I in you, the sap of life runs through us all. The father is the husbandman, the caretaker, the planter who wants you to bear fruit. But I am speaking of spiritual fruit." And he may have given the list that Paul gave later in his letter to the new churches in Galatia: "The fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, meekness, self-control."

"Without Me, you can do nothing; without Him, I can do nothing." This was the gist of the mission, soon to be ended, soon to be entrusted to these very men so puzzled, so bewildered by the turn events had taken, and soon to have this puzzlement deepened by grief and fear. Jesus may have been saying to Himself something like this: "If I can only make them understand the almighty dynamic of knowing that God Himself is at the very center of their being and can do anything through them, if they can only become aware of this inner power. If they can only

understand that He is everywhere, that there is no place on earth where He is not, that every part of their minds and hearts and bodies is permeated and penetrated and infolded by this glowing dynamic mystery of Holy Spirit, that they might only know that they live and move and have their being in a limitless ocean of divine intelligence and love and wisdom, that every cell is intelligent and responsive with promptness to prayer, that abundant life and perfection and peace and joy await this realization."

When the sacred rites of the Feast of Passover were ended, Jesus prayed what I consider the greatest prayer, the prayer for perfect oneness with the Father. One must read all of John 17 to catch the fullness of the prayer, but the passages 20-23 are especially wonderful, for in these words He prayed for us who have heard of His mission through the Eleven gathered about Him that night:

"Neither for these only do I pray, but for them also that believe on me through their word; that they may all be one; even as thou, Father, *art* in me, and I in thee, that they also may be in us: that the world may believe that thou didst send me. And the glory which thou hast given me I have given unto them; that they may be one, even as we *are* one; I in them, and thou in me, that they may be perfected into one; that the world may know that thou didst send me, and lovedst them, even as thou lovedst me."

This is a stupendous truth. Once we have caught its full significance, we can never fear again; we shall be free of all sense of bondage, of all desire to elevate the ego and to live on our own power.

"I am the vine, ye are the branches: He that

abideth in me, and I in him, the same beareth much fruit; for apart from me ye can do nothing . . . This is my commandment, that ye love one another, even as I have loved you. Greater love hath no man than this, that a man lay down his life for his friends." (From this upper room He was soon to go forth to prove His boundless love for His friends.)

"Ye did not choose me, but I chose you, and appointed you, that ye should go and bear fruit, and *that* your fruit should abide: that whatsoever ye shall ask the Father in my name, he may give it you."

"Seek ye first his kingdom, and his righteousness; and all these things [necessities of life had been under discussion] shall be added."

"Be still and know that I am God."

"It is your father's good pleasure to give you the kingdom."

"All that is mine is thine."

What gracious words! As we meditate on them, we are filled with joy unspeakable. We are exploring to find Truth and beauty.

One of these days one lap of this quest for Truth will come to an end and "the keepers of the house [the hands that tend it] shall tremble," and the "grinders [teeth] cease because they are few," "the windows" [eyes] will be dimmed, "the doors" [mouth and ears] shut, "the silver cord" [shiny nerve tissues of the spinal cord] will snap, and "the pitcher" [heart] will be broken "at the fountain . . . and the spirit returneth unto God, who gave it." And when another house is ready, the man shall fare forth again wiser and exploring for more Truth until finally when that one shall have overcome to the point

of perfect everything, he "shall go out thence no more" but shall become "a pillar in the temple of . . . God" and he shall be given a new name.

So day follows day and night follows night in the great exploration for Truth and the great adventure of loving God and our fellow men and the great climax of perfect joy that is beyond anything that men can dream or imagine.

"Man is always becoming."

"Man is a dwarf of himself."

This greatest prayer, the prayer of oneness with God, makes of that dwarf a spiritual giant, and man, becoming Godlike, becomes capable of meeting any crisis.

## Peace Begins with Me

I'll take my sword of enmity,
Reshape it with humility,
Into a tool to plow and weed
My mind of petty hates and greed.

My neighbor then may put to use
This implement of Truth and truce,
And when we've searched the new-turned sod,
We'll find the seed of peace with God.

*E. Priest Brewer*

# *I Meet My God in Silent Prayer*

from the writings of

CHARLES FILLMORE

*Illumination:* I place myself lovingly in the hands of the Father. His wisdom inspires and guides me.

*Prosperity:* I place all my needs lovingly in the hands of the Father. He gives me new ideas and prospers me abundantly.

*Healing:* I place myself lovingly in the hands of the Father, and He restores health to my mind and body.

INSTRUCTIONS: Jesus knew that love is the key that unlocks the door to our spiritual heritage of good. For He said, "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind. This is the great and first commandment. And a second like *unto it* is this, Thou shalt love thy neighbor as thyself. On these two commandments the whole law hangeth, and the prophets" (Matt. 22:36-40).

Most of us need training, practice, application, and diligent prayer to put the wonderful law of love into operation in our life. Step by step as we let God's love become a living, breathing reality to us, we open the door of our consciousness to the inflow of divine wisdom.

The Father within you, so lovingly and familiarly revealed by Jesus, is not at a distance, far away in a place called "heaven." His abode is in the spiritual realms that underlie all creative forces. As Jesus realized and taught, "the kingdom of God is within you."

We all must find the Father consciously in our own inner temple. We must go there day after day and ask for guidance. Mere denials and affirmations will not do it. God is Spirit. Spirit is Mind, and Mind knows. It is not an abstraction that dwells in a vacuum to be invoked by some magic formula; it must be cultivated and communed with as a child communes with his parents.

Thus the reality of living is to live as Jesus of Nazareth lived—one with the Father. He is within us and without us.

God is our Father-Mother, the one inspiration of all that we do, of all that we are. Why for a moment ignore this one All-Power? Why look to the insipid without when the inspired within forever sparkles with the vintage of eternal youth, health, wisdom, life?

God is. Man is. We are now in the presence of that eternal Is-ness. Let us not look abroad for power or for wisdom, but seek at home. There in the silent recesses of our own soul we shall find the pearl of great price.

Affirm:

***I place myself lovingly in the hands of the Father. His wisdom inspires and guides me.***

There are rules of mathematics. There is a rule of addition that we must observe when we add; other rules that must be followed when we subtract or multiply. The ideas of Divine Mind can only be expressed when we follow the rules or laws of mind, and these rules require understanding if we would follow them intelligently and achieve correct results. Man is given all power and authority over all the ideas of infinite Mind, and the idea of wisdom is one of them.

The law of prosperity has been proved time and time again. All men who have prospered have used the law, for there is no other way. Perhaps they were not conscious of following definite spiritual methods, yet they have in some way set the law in operation and reaped the benefit of its unfailing action. Others have had to struggle to accomplish the same things.

If your prosperity does not become manifest as soon as you pray and affirm God as your substance, your supply, and your support, refuse to give up. Show your faith by keeping up the work. You have plenty of Scripture to back you up. Jesus taught it from the beginning to the end of His ministry and demonstrated it on many occasions. Many have done likewise in His name. Many are doing this today, and so can you.

Affirm:

***I place all my needs lovingly in the hands of the Father. He gives me new ideas and prospers me abundantly.***

God is love, the great heart of the universe and of man, from which is drawn forth all feeling, sympathy, emotion, and all that goes to make up the joys of existence.

God is the love *in* everybody and everything. God is love; man becomes loving by permitting that which God is to find expression in word and act.

God is the "still small voice" in every soul that heals and blesses and uplifts, and it is only through the soul that He is made manifest as perfect wholeness.

Drop from your mind the belief that God is in any way separated from you, or that He can be manifested to you in any way except through your own consciousness.

God loves spiritual man, and that love is expressed according to exact law. You are primarily a spiritual being, the expression of God's perfection, the receptacle of His love; and when you think and act in the consciousness of perfection and love, you cannot help being open to the influx of God's love and to the fulfillment of His divine purpose.

God lives in you, and you can depend on Him for every breath you draw. Your body is the soil in which God's life is planted. Your mind is the light for which He supplies the oil. God is the health of His people.

Affirm:

***I place myself lovingly in the hands of the Father, and He restores health to my mind and body.***

# *The Transforming Touch*

THERE IS a familiar legend that has become proverbial as to anyone who has achieved exceptional financial success. We are prone to say of such, "He has the Midas touch."

Too familiar to require detailed repetition, the story runs that King Midas, in his desire for wealth, was given the questionable privilege of turning everything that he touched into gold. The unfortunate phase of this ability was its involuntary character. It became a curse when first his food and finally his little daughter turned to lifeless metal. Well might he then implore the gods that the fatal power be taken from him!

How many there are today whose success, measured in gold, has proved but a bauble! We have only to consider the lives of some of the kings of finance, to gaze into the eyes of women who have embraced a loveless union for the freedom of wealth, to realize that their happiness is as fleeting as that of the ancient ruler. Such as these too often pay for their folly with barren years, when the gleam of gold has wearied their eyes, and its hardness has yielded no response to their heart hunger.

Some of us, in the midst of our struggle with poverty, in the heat of burdened days, have wished for just such a boon as was granted the foolish old king. Yet how many of us realize that such a gift is already ours, used for the most part as involuntarily as his, yet capable of our most exacting control, and imposing an equal penalty for its misuse!

In our ignorance of this gift we have indeed involved ourselves in a tragic tangle. But it is within our power to acquaint ourselves with this unrecognized faculty and to lift ourselves, through right use of it, from the condition of servitude to that of mastery. We cannot keep from thinking, but, as we exercise our ability to direct and discipline the nature of our thought, we can begin to extricate ourselves from the unsatisfactory mental maze of our own building.

"But," you say, "how can I control my thinking?" Most of us find it difficult to admit that we are in anywise responsible for what we think or feel. What we think or feel seems an inseparable part of us until we awaken to the fact that our thoughts are not ourselves, our feelings are not ourselves. We find that there is a something in us that our thoughts and feelings learn to obey, when that something is acknowledged as existing in us.

We should perhaps more accurately call this something "someone," for it is ourselves—the only identity that we possess. As we recognize this fact, it becomes increasingly possible to separate that which is the master from that which is the servant, the king from the usurper, the player from the mask. It becomes increasingly easy to say to this thought or feeling, "Go, and he goeth; and to another, Come, and he cometh." We have discovered the Spirit self of us, the self that was made in God's image and likeness.

But this discovery does not isolate us. We are not to consider ourselves as separate candle flames giving forth our little beams of light. Candles burn

low and the flame is early extinguished. Rather does the discovery of the hidden self within us make us aware of the subtle, all-moving activity forever abroad in the world, the cause of every constructive deed, and we, understanding, are given its power.

We say that thought is power. Nay, it is the thinker behind the thought, the life within the body, the Spirit that uses thought and body as its instruments, that is the power.

We all are by nature Spirit's unconscious servants, for wherever honest effort is put forth, wherever work is well done irrespective of gain, wherever man expresses Truth or love or any other virtue, be the expression ever so limited, there man has allowed Spirit to work in and through him.

We find the power of Spirit in the hands of the busy housewife as they bring order and sweet efficiency in her daily round of duties. It is operative in the hands of the day laborer as ability and strength, in the hands and brain of the factory worker and the artisan as speed and accuracy, supplying mankind with necessary commodities.

Physiologists tell us that in the sensitive fingertips of the musician there is actual "brainstuff." The same gray substance of which the brain is composed has become noticeably localized there. These trained fingers have become developed centers of intelligence through which the supermind may more perfectly express its harmony. So this power of Spirit, manifesting through such hands, is named artistry, as in the fingers of the brilliant surgeon it is known as skill.

In various departments of so-called creative ac-

tivity does the power of Spirit reveal itself: in the genius of an Edison or a Beethoven, the humanitarianism and devotion of a Lincoln, the consecration of countless unsung heroes. Through all these the inescapable mystery has had its way, as sure, as inevitable, as the fatal alchemy of Midas. Yet we stumble on, unaware of the magic possibilities of our commonest act—the mere touch of our hands.

We have a gift far transcending the power of Midas, but the fact that we can make conscious use of it is hidden from us until we can with safety be intrusted with it. Those who have used it wisely, and have therefore been exalted by it, have named it according to their comprehension—well and good. Their hearts have given lovingly in service to their fellow man, to their ideal. There has been a great step forward toward the initiation of all men into the mystery, for which the whole creation waits expectantly.

Kindled by their consuming zeal for service, they have devotedly given themselves unknowingly to love. Some have even called it so, but have not known that love is—God. There is little significance in a name per se. But it is identification of ourselves in consciousness with the ineffable name that indues us with power transcendent. Paul recognized love as that same "Spirit . . . that raised up Jesus from the dead." But the One on whom Paul's vision was lovingly fixed called it "the Father abiding in me."

He whose every act was a miracle or a blessing, He who in response to the leper's appeal "touched him . . . and straightway his leprosy was cleansed," He through whose very garment poured the virtue

that brought healing to the woman who touched its hem, He whose word brought resurrection, He it was who, in the sublimity of His life, was the great initiate of the I AM.

This is the mighty secret, hidden until love's selflessness rends the veil and we reverently realize with Jesus that "I and the Father are one." What marvels of possibility open before us when to us is given the privilege of following this pathway of power! It is our constant recognition of the indwelling God in every one that makes our every thought and act of cosmic significance.

"Greater *works* than these shall he do; because I go unto the Father," is the promise. Not alone because He withdrew His physical body from our midst lest we lean on His visible presence, but because, following His example in our reliance on the Father, going to God always as the only source of power, we likewise are to become channels of Omnipotence.

"Greater *works* than these" shall indeed be manifested through us as the world becomes better able, as the race consciousness becomes more fully purified, to bear (understand) the things that He would tell us.

Let us consciously acknowledge this miracle power that we have so long ignorantly desecrated. The Father is very patient with us. He gives us marvelous results, even though we ungraciously use the gifts that He bestows without recognizing the Giver of all good.

We call our hands our own: what beautiful things love does with them in spite of us! We call our thoughts our own, and vainly boast that the mind

of man has conquered nature. We dive under the sea, fly through the air, accomplish startling feats in science, in every department of activity. Yet have we not taken the roundabout way, employed the indirect method? Surely has Spirit proved its supremacy, notwithstanding man's materialism!

The royal road to attainment is open before us. It is a path forever barred to him who bears the taint of Midas—greed and ambition. For the way of the I AM is the way of absolute surrender. It is the earth "without form, and void" (A.V.), the utter nothingness of personal identity, that makes the divine creation possible.

"I can of myself do nothing," "the Father abiding in me doeth his works." This is the way by which we let miracles be wrought in and through us. It is the highest obedience to the great first commandment: "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength." It carries with it the reward of Paul's wonder vision: "Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him" (A.V.).

"Them that love him." Not those that love themselves and do good that their own satisfaction may be assured. Not those that love a suffering world; though in their compassion for others they have gone far forward, yet theirs is not the truest obedience, for their eyes are not steadfastly gazing on God only. Still lurks in their consciousness the adulterous thought of evil.

Those who love God—to them is the kingdom

assured! They who dare to see Him in the drunkard as well as in the upright man, they who can look through disease and behold the perfect life, they who can penetrate through the loathsomeness of the social leper, and reverence the purity of innocence even there, they who can face all the blackness of illusion, be it poverty, sin, or death, and say, "I know you not," they whose eyes of love can see His omnipresence, these are they to whom God reveals all things by His Spirit.

These are they that are made aware of the glories that await. Into their hands is given the magic power that will transform the earth into the heaven of His vision.

It is through the eyes of these, whose sense of personal separateness is fully yielded to the I AM, that God sees His kingdom perfected, and seeing thus, speaking and working in and through these who are become His willing instruments, His will is done on earth and the manifestation of the sons of God is brought into visibility.—*Katharine V. Holste*

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*If we wholly believe the good that we affirm we soon shall see results. If there be a hidden doubt it may check manifestation. It is good always to declare: "In every part of my mind I am conscious of the reality and the presence of the good."*—IMELDA OCTAVIA SHANKLIN

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# *Sunday* LESSONS

*These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind, and Truth will convince you. Bible text is taken from the American Standard Version of the Bible. Lessons are developed from outlines prepared and copyrighted by the International Council of Religious Education; both are used by permission.*

## *Lesson 1, July 3, 1960*

UNITY SUBJECT—*Prophetic Vision Follows Understanding of the Law.*

INTERNATIONAL SUBJECT—*Men Who Speak for God.*—Amos 7:7-15.

7. Thus he showed me: and, behold, the Lord stood beside a wall made by a plumb-line, with a plumb-line in his hand.

8. And Jehovah said unto me, Amos, what seest thou? And I said, A plumb-line. Then said the Lord, Behold, I will set a plumb-line in the midst of my people Israel; I will not again pass by them any more;

9. And the high places of Isaac shall be desolate, and the sanctuaries of Israel shall be laid waste; and I will rise against the house of Jeroboam with the sword.

10. Then Amaziah the priest of Beth-el sent to Jeroboam king of Israel, saying, Amos hath conspired against thee in the midst of the house of Israel: the land is not able to bear all his words.

11. For thus Amos saith, Jeroboam shall die by the sword, and Israel shall surely be led away captive out of his land.

12. Also Amaziah said unto Amos, O thou seer, go, flee thou away into the land of Judah, and there eat bread, and prophesy there:

13. But prophesy not again any more at Beth-el; for it is the king's sanctuary, and it is a royal house.

14. Then answered Amos, and said to Amaziah, I was no prophet, neither was I a prophet's son; but I was a herdsman, and a dresser of sycomore-trees:

15. And Jehovah took me from following the flock, and Jehovah said unto me, Go, prophesy unto my people Israel.

GOLDEN TEXT—*Preach the word; be urgent in season, out of season; reprove, rebuke, exhort, with all longsuffering and teaching.*—II Tim. 4:2.

SILENT PRAYER—*The power of right and justice is irresistible, and I place myself in its mighty current.*

Amos was a native of Tekoa, a small town near Jerusalem. He was a herdsman and a dresser of sycamore trees. To dispose of his wool he often went to the cities of Israel that afforded a good market. There he saw many evidences of the moral corruption of the people. The upper classes were rich and powerful. They imposed exorbitant taxes on the poor and cheated them in land and food. Bribery was rampant in the courts, immorality was condoned, and there was a total disregard for the commandments of the Lord. The sins of the people were those of any person to whom the things of the world mean more than the things of God.

Amos represents "conscience, which shepherds the natural forces of mind and body. . . . Amos in us warns us when we have transgressed the divine law."

To bring out the lesson that each individual, as well as each nation, is measured by the law of God, Amos told the parable of the plumb line.

That which is perpendicular is truly upright. The plumb line has at one end a weight that causes it to hang straight, thereby making a true test of verticality. In the world of moral values the vertical line symbolizes uprightness or integrity, and the "plumb-line" that measures these in the divine law.

"My people Israel" are the higher religious thoughts of man that are capable of understanding the law. Therefore, they are responsible for man's integrity, which they preserve through heeding the voice of conscience. There is no excuse for us when we do not live up to our highest vision. When we desire insight into Truth and look to our indwelling Lord, the source of all our illumination, for light on our problems, our consciousness is quickened to spiritual understanding. This quickening is symbolized by the call of Amos from tending the sheep to the work of prophesying against Jeroboam.

The "house of Jeroboam" is a symbol of the stronghold of the intellect which has been separated from the subconsciousness (Rehoboam). Conscience cuts through the plausible reasonings of intellect and reveals their superficial foundation.

When we deviate from God's law our life gets out of plumb or balance. This is apparent when judged by the divine standard to which we are frequently exposed by the Lord or the law. Our Maker gives us every opportunity to know righteousness and live in accord therewith, but if we turn from Him the day comes when sentence is passed. "I will rise against the house of Jeroboam with the sword."

But there is also mercy in the heart of the Almighty for the one who seeks the higher way, as evi-

denced in Amos 5:15: "Hate the evil, and love the good, and establish justice in the gate: it may be that Jehovah, the God of hosts, will be gracious unto the remnant of Joseph."

Understanding of the law of cause and effect is the key to prophetic vision. To see a cause in action is to forsee the resultant effect. To see the intellect arrayed in opposition to one's inspirational powers is to know in advance that if such a state is allowed to continue the higher powers will become subject to the lower, and that the head will lead the heart.

Amos was a stern prophet. To him God was the absolute power in the universe and His law could not be broken with impunity. Israel had sinned and was sinning daily, but if she would turn to God and repent, she could be saved.

Few people like to have their shortcomings paraded before them, and the citizens of Israel were no exception. The prophet was abused and turned out of the sanctuary for being a troublemaker and disloyal to king and country. But his messages have lived because they are Truth. Though crushed to earth for a time, they rise in the words of later prophets and provide a sure guidance for us.

QUESTIONS

1. What plumb line measures uprightness or integrity?
2. How is conscience represented in this lesson?
3. In this lesson what represents the intellect and what the subconsciousness?
4. What is the key to prophetic vision?
5. Why have the messages of Amos endured?

UNITY SUBJECT—*The Voice of Conscience.*

INTERNATIONAL SUBJECT—*Social Justice—Then and Now.*—Amos 5:10-15, 21-24.

10. They hate him that reproveth in the gate, and they abhor him that speaketh uprightly.

11. Forasmuch therefore as ye trample upon the poor, and take exactions from him of wheat: ye have built houses of hewn stone, but ye shall not dwell in them; ye have planted pleasant vineyards, but ye shall not drink the wine thereof.

12. For I know how manifold are your transgressions, and how mighty are your sins—ye that afflict the just, that take a bribe, and that turn aside the needy in the gate *from their right.*

13. Therefore he that is prudent shall keep silence in such a time; for it is an evil time.

14. Seek good, and not evil, that ye may live; and so Jehovah, the God of hosts, will be with you, as ye say.

15. Hate the evil, and love the good, and establish justice in the gate: it may be that Jehovah, the God of hosts, will be gracious unto the remnant of Joseph.

21. I hate, I despise your feasts, and I will take no delight in your solemn assemblies.

22. Yea, though ye offer me your burnt-offerings and meal-offerings, I will not accept them; neither will I regard the peace-offerings of your fat beasts.

23. Take thou away from me the noise of thy songs; for I will not hear the melody of thy viols.

24. But let justice roll down as waters, and righteousness as a mighty stream.

GOLDEN TEXT—*Hate the evil, and love the good, and establish justice in the gate.*—Amos 5:15.

SILENT PRAYER—*I earnestly seek divine guidance in all my ways.*

The name *Amos* means "burden, load." Metaphysically, it represents conscience, that inner voice which directs the subjective forces of mind and body and also points out the course of conduct and approves or disapproves of what has been done.

Amos was not a prophet by birth or training. He was originally a shepherd. Sheep represent thoughts that are obedient to the natural law, and they represent also the pure natural life of the body. Amos tending his sheep, therefore, typifies conscience directing the subconscious activities. In addition to this work, conscience has charge of man's religious beliefs (Israel). "Jehovah took me from following the flock, and Jehovah said unto me, Go, prophesy unto my people Israel." It is in making our professions and our practice one that conscience does its most valuable work for us.

The subconscious activities of conscience are performed with almost automatic precision, but when conscience enters the realm of conduct it may devote itself to either worthy or unworthy ends. It may answer the call of Jehovah or it may remain a dresser of sycamore trees.

Those thoughts and qualities in us that lead us to try to do what is just and right are never opposed to the inner teacher that constantly warns, reproves, and guides us. It is the thoughts and tendencies that spring from the sense plane that are not easily brought into line with justice and righteousness. The lower self seeks always its own will, and conduct based on such an impetus is conscienceless. It is either the behavior of the untrained child or that of the unthinking barbarian. The Holy Spirit is not

recognized as the teacher of those whose unchecked motive is to have their own will in all things.

Injustice may be allowed to take possession of the mind and will of man so completely as to force all just and true thoughts and ideals into silence and inaction for the time being. He is able to express the Christ standard of right only when he is rooted and grounded in it, when like Paul he keeps as his constant motive the desire to "have a conscience void of offence toward God and men always." Neither error nor injustice can dominate man when he is established in such a state of objective justice and righteousness. The bent of the mind determines the tenor of the life. Therefore, Amos admonished his people, "Seek good, and not evil, that ye may live; and so Jehovah, the God of hosts, will be with you, as ye say."

To "hate the evil" is to be so far removed in thought and desire from anything that does not measure up to the Christ standard that we turn from it instinctively, as from a distasteful condition that can have no attraction for us. Active resistance of evil directs our thought to it and lends it power. When we learn to love the good and to hold ourselves unresponsive to evil, the latter disappears from our life.

The impartial or impersonal bent is characteristic of the open mind; whereas, the biased or personal way of looking at life is a sign of the closed mind. The "gate" mentioned in this lesson typifies the faculty of the mind that the I AM controls by means of the word, opening it to one thought and closing it to another at will. In ancient times the Hebrews congregated at the gates of the cities to transact business.

Court was held there and decisions handed down by the judges. Justice is thus established in I AM understanding at the gate—in that part of our nature which decides matters for us.

Outer religious forms and ceremonies apart from true goodness of heart are worse than useless; they are pernicious. The form of righteousness without the underlying substance works against one's good, so that one becomes hypocritical, untrue, an impersonator in the spiritual realm instead of an active doer of the law of good. The man who does not love Truth at heart, who is unjust and evil, brings worse consequences upon himself by his professions of faith in God and service to Him than he would by openly disavowing Him and making no attempt to deceive himself or others. Following form in religion tends toward apathy and lack of genuine thought and feeling; it is a state of mind against which seers and prophets have always warned men if they would live in harmony with the higher self. Obedience to the voice of conscience brings good into our life by unifying our impulses and our ideals, our profession and our practice, and making of the two in each case one new being. "Behold, to obey is better than sacrifice, and to hearken than the fat of rams."

It is easy enough to be just and upright when we are dealing with those who are above reproach in justice and uprightness. The justice that is worth feeling, the uprightness that is worth cultivating remains uniform no matter how trying or adverse the circumstances may seem to be. "Hold fast that which thou hast, that no one take thy crown." A mere trickle of justice and right are not enough. The flood tide of

justice and the mighty stream of righteousness are needed, and these come only from opening the sluice gates of conscience through consistent practice of what is just and right in both thought and act under all circumstances.

QUESTIONS

1. Metaphysically, what does the name Amos represent?
2. How does conscience do its most valuable work for man?
3. Is it Christlike to hate evil? What is meant by the commandment "Hate the evil, and love the good"?
4. Explain the "gate" as it appears in this lesson.

## *Lesson 3, July 17, 1960*

UNITY SUBJECT—*Keeping the Law.*

INTERNATIONAL SUBJECT—*What Is True Security?* —Amos 6:1-8.

1. Woe to them that are at ease in Zion, and to them that are secure in the mountain of Samaria, the notable men of the chief of the nations, to whom the house of Israel come!

2. Pass ye unto Calneh, and see; and from thence go ye to Hamath the great; then go down to Gath of the Philistines: are they better than these kingdoms? or is their border greater than your border?

3. Ye that put far away the evil day, and cause the seat of violence to come near;

4. That lie upon beds of ivory, and stretch themselves upon their couches, and eat the lambs out of the flock, and the calves out of the midst of the stall;

5. That sing idle songs to the sound of the viol; that invent for themselves instruments of music, like David;

6. That drink wine in bowls, and anoint themselves

with the chief oils; but they are not grieved for the affliction of Joseph.

7. Therefore shall they now go captive with the first that go captive; and the revelry of them that stretched themselves shall pass away.

8. The Lord Jehovah hath sworn by himself, saith Jehovah, the God of hosts: I abhor the excellency of Jacob, and hate his palaces; therefore will I deliver up the city with all that is therein.

GOLDEN TEXT—*Let him that thinketh he standeth take heed lest he fall.*—I Cor. 10:12.

SILENT PRAYER—*I give the thoughts of my mind and the love of my heart to that which is good, and thus put error thoughts out of my mind.*

A nation or an individual becomes material-minded through concentration on worldly success or addiction to worldly pleasure. Anyone who allows himself to live for the pleasure of the present moment needs to be taught the fundamental principles that underlie life at its best. He will then be able to forsee effect in cause, and will no longer wish to live for self alone. To live for self is to lose sight of permanent values and give no thought to the things of God. It is impossible for one who lives in this fashion to "put far away the evil day" when he is to reap as he has sown. Divine law is no respecter of persons.

Self-indulgent, luxury-loving men and women give no thought to the logical outcome of their actions, but enjoy themselves in the way of the natural man as a matter of course. Lacking in imagination, they fail to look ahead and so "are not grieved for the affliction of Joseph." Joseph represents the

faculty of imagination, which is quickened and constructively active in the spiritually developing consciousness.

Temperate persons take thought for the future as well as for the present, and are quick to recognize effects springing from given causes. Sojourners and pilgrims along the Christ way, they discard as useless baggage all that tends to retard their spiritual progress. It is not difficult for them to exercise self-restraint and self-discipline instead of giving way to the call of the flesh.

Those who seek to express the Truth of Christ devote themselves to the interests of mind and soul rather than to the wants of the body. They do not allow it to usurp more than its rightful share of time and attention.

Each of us is spirit, soul, and body, and he who disciplines himself under the divine law learns to fulfill his duty to the physical side of his being so as to devote most of his time and thought to cultivation of the things that endure.

Amos sounded his warning against Zion and Samaria. These places symbolize high states of development. By following the divine law the wealthy inhabitants of these places had reached the state of splendor and power mentioned in today's lesson. They had then allowed themselves to be turned away from God by the material pleasures of the world, and had ignored the very power that had brought them prosperity.

Calneh and Hamath (both meaning "a fortress") and Gath ("wine press"), to whose overthrow Amos called attention, all suggest confidence

in material conditions rather than trust in God. Materiality was the cause of their downfall. Neither could the cities of Samaria and Jerusalem stand, Amos reasoned, once they had lost sight of God and of righteousness.

The warning thus sounded by Amos is a timely one today. The rise of nations to power has commonly been followed by their decline and fall. Yet this need not be the case. A nation that places spiritual values foremost in its dealings with other nations as well as in its domestic economy will not decline. "Blessed is the nation whose God is Jehovah." A nation whose citizens deal justly and fairly with one another and who hold other peoples and nations in the thought of justice and mutual understanding will continue to prosper and to advance to the complete demonstration of Truth. Good works are registered in Divine Mind, and the law applies equally there with the evil.

QUESTIONS

1. How does a nation or an individual become material-minded?
2. What is implied in the words "they are not grieved for the affliction of Joseph"?
3. Do those whose habits are temperate apportion their time and attention between the demands of the physical, the intellectual, and the spiritual nature so as to develop the last as most important?
4. Does rampant materialism lead to the downfall of civilizations? Explain.
5. What type of civilization will neither decline nor fall?
6. How can the thought of justice and mutual understanding be given universal scope and the fear of war and of wholesale destruction be overcome?

## *Lesson 4, July 24, 1960*

UNITY SUBJECT—*A Lesson in Divine Love.*

INTERNATIONAL SUBJECT—*God Desires Steadfast Love.*—Hosea 4:1-3, 5:15—6:6.

1. Hear the word of Jehovah, ye children of Israel; for Jehovah hath a controversy with the inhabitants of the land, because there is no truth, nor goodness, nor knowledge of God in the land.

2. There is nought but swearing and breaking faith, and killing, and stealing, and committing adultery; they break out, and blood toucheth blood.

3. Therefore shall the land mourn, and every one that dwelleth therein shall languish, with the beasts of the field and the birds of the heavens; yea, the fishes of the sea also shall be taken away.

15. I will go and return to my place, till they acknowledge their offence, and seek my face: in their affliction they will seek me earnestly.

1. Come, and let us return unto Jehovah; for he hath torn, and he will heal us; he hath smitten, and he will bind us up.

2. After two days will he revive us: on the third day he will raise us up, and we shall live before him.

3. And let us know, let us follow on to know Jehovah: his going forth is sure as the morning; and he will come unto us as the rain, as the latter rain that watereth the earth.

4. O Ephraim, what shall I do unto thee? O Judah, what shall I do unto thee? for your goodness is as a morning cloud, and as the dew that goeth early away.

5. Therefore have I hewed them by the prophets; I have slain them by the words of my mouth: and thy judgments are *as* the light that goeth forth.

6. For I desire goodness, and not sacrifice; and the knowledge of God more than burnt-offerings.

GOLDEN TEXT—*I desire goodness, and not sacri-*

*fice; and the knowledge of God more than burnt-offerings.*—Hosea 6:6.

SILENT PRAYER—*I turn to God with words of praise and thanksgiving.*

Charles Fillmore states that Hosea represents the I AM identity, the spiritual self of us that knows all men are sons of the Most High, all are recipients of the divine love that is constantly being poured in and through us. How can we, being the objects of His devotion, turn from Him?

Hosea wanted the people to see God, not as the great law of the cosmos, but as a father who loved his erring children in spite of their sins. This prophet was aware of the national corruption that existed in Israel, and he denounced it unsparingly. However, even in his denunciation he was gentler and more sympathetic than Amos. He sought to give his people such insight into the nature of God, whom he knew to be a God of love, that they could not worship false deities or transgress His commandments.

The prophet's own personal life furnishes a good example of Jehovah's relation to His children: He had married a woman named Gomer who was a temple prostitute, and he loved her deeply even though he knew of her unfaithfulness. To Hosea this exemplified God's love for Israel, a love that had served them and, even in spite of their iniquities, would not desert them. As we realize something of the compassion of our Father for His creatures, a great sense of humility sweeps over us, and there comes the urging from this Hosea self (the I AM) to seek union with the Father.

When we take a wrong turn on a journey we correct it by turning back and taking the right road. In life the same principle obtains. A wrong course of conduct requires for correction a change of thought and a corresponding change of conduct. Repentance consists of these two fundamental changes rather than of sorrow and contrition, both of which are negative and destructive of true progress on the part of man.

The divine law, disobeyed, acts on man as punishment. This is not because God is vindictive, but because man cannot violate his true nature without paying the penalty. As man obeys the law of his being he prospers and grows robust and happy. Jehovah tears down in the sense of penalizing departures from law, and heals through obedience or a return to the law.

Returning and rest, therefore, become man's first duty and privilege when he has mistaken the way and wandered away from his own good. This return is made through the activity of the I AM, which is represented by Hosea. The name *Hosea* means salvation, deliverance. We realize deliverance and salvation through the right use of the I AM.

Lack of knowledge of the good opens the way for a host of negations to creep in. With "no truth, nor goodness, nor knowledge of God in the land," the opposites of these good gifts immediately appear. "Swearing and breaking faith, and killing, and stealing, and committing adultery" tend to become rife. The remedy in part is in nonresistance. We are not to fight evil. That is not the way to reduce it. To fight evil causes it to marshal its forces and to in-

crease in strength and might. In such a situation everyone stumbles and no one has any confidence or sense of security.

By refusing to listen to the word of the Lord we function in human consciousness only and sow seeds of iniquity, the harvest of which is calamity. The things we believe to be stable and sure are swept away, and it seems that all is lost. But because we are creatures of God and have within us His life, there is the continuation of existence. The conscious presence of God in the heart is as blessed as rain to the parched earth. Like the rain waters the earth, the love of God comes into mind when needed and summoned. God is ever accessible to man, and man is absolutely dependent on God.

The first step in seeking God and in cultivating awareness of spiritual values is doing right for right's sake, the simple practice of kindness to all living things. Fear of reaping evil can never force a person to love God and Truth to the extent that these become the all-vital elements in his life. Only love, awakened and realized in mind and heart, can do this. When the love of God is quickened in the heart of man, he feels himself one with the all-pervading Spirit of God in the universe. As quietly as the flight of a dove comes the realization of his oneness with life, love, perfection—all that is.

QUESTIONS

1. What does Hosea represent?
2. What was Hosea's conception of God?
3. Of what does repentance consist?
4. What is our first duty when we have mistaken the way and wandered from our own good?
5. How do we realize deliverance and salvation?

## *Lesson 5, July 31, 1960*

UNITY SUBJECT—*Remaking Our World.*
INTERNATIONAL SUBJECT—*Seeds of National Decay.*—Hosea 10:1-8, 12.

1. Israel is a luxuriant vine, that putteth forth his fruit: according to the abundance of his fruit he hath multiplied his altars; according to the goodness of their land they have made goodly pillars.

2. Their heart is divided; now shall they be found guilty: he will smite their altars, he will destroy their pillars.

3. Surely now shall they say, We have no king; for we fear not Jehovah; and the king, what can he do for us?

4. They speak *vain* words, swearing falsely in making covenants: therefore judgment springeth up as hemlock in the furrows of the field.

5. The inhabitants of Samaria shall be in terror for the calves of Beth-aven; for the people thereof shall mourn over it, and the priests thereof that rejoiced over it, for the glory thereof, because it is departed from it.

6. It also shall be carried unto Assyria for a present to king Jareb: Ephraim shall receive shame, and Israel shall be ashamed of his own counsel.

7. *As for* Samaria, her king is cut off, as foam upon the water.

8. The high places also of Aven, the sin of Israel, shall be destroyed: the thorn and the thistle shall come up on their altars; and they shall say to the mountains, Cover us; and to the hills, Fall on us.

12. Sow to yourselves in righteousness, reap according to kindness; break up your fallow ground; for it is time to seek Jehovah, till he come and rain righteousness upon you.

GOLDEN TEXT—*Sow to yourselves in righteousness, reap according to kindness; break up your fallow ground; for it is time to seek Jehovah, till he*

*come and rain righteousness upon you.*—Hosea 10:12.

SILENT PRAYER—*Knowledge of God is my great desire, and I claim it as my birthright and my heritage.*

Hosea foresaw the grave danger that confronted the people of Israel. He realized that their only strength was in the Lord, and the life they were living was such as to separate them from Him. This the prophet pointed out, but the people would not listen. They were reveling in the good times of the moment and did not want to be told that their conduct was unbecoming to a nation dedicated to the service of Jehovah.

The upper and influential classes were highly satisfied with their ruler and their God. Jeroboam was an able king, and the sanctuaries of Israel were filled with worshipers offering sacrifices to the Lord, who prospered them. The pleadings of Hosea fell on deaf ears. Israel was at peace and rich, and the people saw no reason to change their ways. This attitude is symbolic of persons today whose consciousness is closed to spiritual guidance, and who feel neither desire nor need for the Lord. But external good cannot be sustained without a good or spiritual consciousness, and the divine judgment must come to fruiting. The events of the next two decades brought about the destruction of Israel.

When we disobey the divine law we suffer the consequence, for nothing can stop the working of divine law in our life. It is as sure as the dawn of day and as self-evident. "Sow to yourselves in right-

eousness, reap according to kindness; break up your fallow ground." Denial of false, erroneous beliefs breaks up the fallow ground of unused faith in God. We remake our world by learning to trust in the power of the invisible God at the heart of life.

As the divine law is forgotten, generations to come are deprived of knowledge of it. After a period of such Godless living and thinking a reaction is due, and those who have suffered from sense consciousness are among the first to respond.

Man is an epitome of all that exists in Being, even as regards the Spirit of God, which is inspired in him. But man is a free agent. He can open his mind to the divine intelligence and know the creative law, or he can work out his unfoldment through blind experimentation. Our race is in the experimental stage. In our ignorance we transgress the law to the very limit, and then a great reaction sets in; we experience a general condition that is negative to the point of dissolution. Then that in us which always looks obediently to God in an extremity is awakened, and we seek the divine law.

The acquisition of divine knowledge and wisdom should be the constant goal of all persons. However, secular knowledge rather than knowledge of Truth or of God occupies to a high degree the thought of educators, parents, and pupils alike at the present time.

We as individuals can no longer be indifferent to the Godless ways of living adopted by many of the present generation. We must do something about it now by starting in our own little corner of the world to live our life the way we know Jesus would

have us live it. We must learn to love our neighbor as we love ourselves. We cannot live to ourselves alone. There are other people in the world who are just as righteous as we are. We must work with them to eliminate lawlessness and disregard for our fellows or we shall never have peace and happiness. A nation is only as great as the individuals that compose it. Likewise, the ideals of a nation can never be higher than the combined ideals of its people.

Let us realize consciously that we live and breathe and move and have our being in God, that He directs our ways through the "still small voice" within. Let us realize further that a nation cannot endure and that its people can have no true happiness if they persist in defiling their temples and wasting their substance in riotous living.

To rebuild a world and know that it will endure, we must build on the foundation of the Christ teachings—the common bond of Christian love and universal human brotherhood. A world built upon the solid rock of the Christ, enshrined in the hearts and minds of an enlightened humanity, shall stand.

QUESTIONS

1. How may external good be sustained?
2. What must we do to remake our own personal world?
3. As a free agent, what two steps are open to man in his unfoldment?
4. What should be the constant goal of all persons?
5. To endure, on what foundation must our world be erected?

*Hold fast that which is good.*—PAUL

# *If Jesus Christ Were Here*

If Jesus Christ were here
And walked and talked incarnate now with you,
Would you know hunger, sickness, grief,
Or heaviness of heart?
If you knew lack, would you not go to Him
And quick receive of food or health, of happiness or peace?
Then do not suffer more,
For Jesus Christ is here.
You have all faith in Jesus Christ that walked the earth?
Then you can nevermore have any lack:
"Lo, I am with you alway" is the pledge He made—
And you believe His promises are true.
You need not even take your cares to Him,
For He has come to you—
The personal of Him become impersonal,
The living essence of the thing He taught.
He was a man that walked about the countryside
And gave serenity to those who crossed His path:
He is an entity of Spirit, dwelling with the universe.
Why mourn for Him that walked with men in Galilee,
When He now walks each moment here with you?
You yearn for Him—
Then welcome Him, for He is with you now.
Have faith; believe; exult; give praise,
As He once bade you do—
For Jesus Christ is here.

—*Avery Hillis*

# *Silent* UNITY

*I place myself lovingly in the hands of the Father. His wisdom inspires and guides me.*

The Society of Silent Unity, founded more than sixty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

*Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.*

**Give your full name and address**

# *Prayers* ANSWERED.....

*These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodical in which the testimonial appeared.*

## *I Will Come and Heal*

MY WIFE WAS in the hospital where surgeons had amputated parts of two toes on her foot. Her condition became worse and the doctors advised immediate amputation of her leg.

For me there was only darkness until my sister told me of Silent Unity. I left the hospital and went to my home so that I could telephone you. I was away from the hospital about an hour and a half. When I returned I found they had not amputated my wife's leg, and it had even regained a normal healthful color.

I love to tell this story and I wish I might be there in person to thank you. I am not a good letter writer, but I do want to express my gratitude to God and to you. Today my wife is walking on that leg, and her general health continues to improve.—*A.H., Michigan.*

I HAD TO LET YOU know about my granddaughter's operation, and to thank you for your prayers. She underwent a cancer operation, and the doctor says she is cured.

Some of the family were so upset for a while that I just could not talk to them. After I wrote you, things started to happen for those who were so upset seemed to change their way of thinking. We are all so grateful to God, and to you.—*A.B.R., Maryland.*

I CALLED YOU recently about my hand. Evidently a finger was infected for it was swollen and feverish. My entire hand ached.

My hand is still swollen a little, but the fever is gone and there is no pain. I know it will be all right now.

I wish I could adequately express my thanks for your prayers.—*J.M.T., Texas.*

SEVERAL MONTHS AGO I asked you to pray with me for the healing of my grandson. At that time he was suffering from bronchial asthma.

I am now happy to report that he is well and attending school every day. Thank you.—*Mrs. C.Y., Michigan.*

## *Filled with Plenty*

I WAS BEHIND in all my bills. My husband was serving overseas and had not yet received back pay. I wrote and asked you to pray with me for a solution to my problems.

I received a quick and loving response from you, and it helped me so much. Your answer seemed to quicken my own understanding as to fulfillment of my needs. About a month after I heard from you, my husband received part of his pay allowance and sent it to me. I was able to catch up on my bills.

Thank you for your help.—*B.C., Louisiana.*

I AM SO GRATEFUL for your prayers. When I contacted you I did not know how I was going to meet the payment on my house. After writing you my sister sent me enough money to make this payment.

Not only was the house payment made, but I was able to rent our small apartment.—*M.M., Michigan.*

A FEW MONTHS AGO I wrote and asked you to pray that I might locate a new home. Shortly after that I found just the one I wanted. In order to buy the new home it was necessary to sell my equity in the old house I owned. This was difficult, but through prayer and faith God brought good to me.

Tonight I am sitting in the lovely living room of my new home writing to thank you.—*B.P., Arkansas.*

## *Hearken unto Me*

A FEW MONTHS AGO I wrote you requesting prayers in connection with selling a piece of income property. My husband and I have completed the sale of this property to a party who had a special need for it. The whole transaction was very harmonious, and we got back most of our original investment. We are very grateful.

We have been Unity students for many years. We subscribe to your periodicals and have several of your books in our home. We could not live without Unity and we have the joy of knowing that we have interested others in your teachings.

Thank you and God bless you.—*Mrs. H.M., California.*

ABOUT FOURTEEN MONTHS ago I wrote you for help

in locating the right person to help us build a house. Within three weeks that person appeared, and the house was started. In less than three months we moved into the home we had needed for years. It is perfect for our needs.

We give thanks each day for the Unity teachings, for the man who introduced us to the contractor; and for everyone else who had a part in building our new home.—*Mrs. D.J., Missouri.*

SEVERAL WEEKS AGO I asked you to pray with me for my son's safety on his trip home. It was a long and dangerous drive.

He made the trip safely, and we have had a lovely ten day visit together.

I am inclosing an offering to be used as you see fit. This is in appreciation for your prayers.—*Mrs. E. K., Indiana.*

## *My Help Cometh from Jehovah*

I AM INCLOSING two dollars for my UNITY magazine. My wife and I feel we are making progress in the Christian way of life through our reading. I can assure you that it is a help and blessing to us.

We think it would be wonderful if everyone would read your publications. It would help bring peace to the world.

Whenever we become discouraged and downhearted we pick up UNITY and read. It gives us peace, strength, and comfort. It is a great little magazine and we love all those connected with it.

God bless all of you in your good work.—*F.K., Minnesota.*

MY HUSBAND ASKED for your prayers that we might have a safe and happy vacation. My physical condition was such at the time that we were somewhat fearful of taking a trip.

However, I had my heart set on going. I tucked some of your literature in my purse and read it as time permitted.

Everything went well, the mountains were beautiful, and I felt fine. We are thankful to God and you.—*Mrs. I.S., California.*

I WISH TO THANK you for your prayers for my young son who just started to school this fall. He has adjusted to this change very well and likes school. I am sure that your prayers and mine helped him.

Thank you for the lovely affirmation which you sent to me. I am still using it.—*Mrs. G.R., Michigan.*

THANK YOU FOR your help in restoring our two dogs to us. They have both been returned, and although they appear to have been mistreated, they will be all right.

I have passed on the affirmation you gave me. —*Mrs. E.E.C., Illinois.*

***************

## *Father, I Thank Thee*

I TELEPHONED AND asked for your prayers to help us strike water in the well we were drilling on our farm. It was proving an expensive piece of work, and it seemed that we would have to abandon it if we did not get water soon, My husband was very

discouraged. I remembered that with God all things are possible and asked you to pray with me.

I am happy to report that the very next day our driller struck a fine flow of clear water. Truly every problem is but another opportunity to prove God's love and power.

We do thank you for your help. It is a blessing to know that you are there ready and willing to add your prayers to ours.—*Mrs. M.M., Oregon.*

JUST A FEW WORDS of appreciation, and a small offering to aid you in your work.

A couple of months ago I wrote you about my problem of finding a buyer for my home. My letter hardly had time to reach you before a man and his wife came in to make arrangements to buy the house. I am certain that my letter to you brought the quick result.

I still have a number of personal problems to overcome, but I feel sure that God, in His great wisdom, will show me how to surmount them.

I owe Silent Unity a great deal for the faith it has helped instill within my own consciousness. If every person with a personal problem would place it in your kind hands this would be a better world in which to live.—*P.C.E., California.*

THANK YOU FOR your wonderful prayers. Our property has been sold, and we shall soon be in our new home.

Everyone concerned with this transaction has been blessed by a just and orderly exchange of values.

God bless Unity and its teachings.—*R.M., California.*

# UNITY CENTERS AND CLASSES

The following ministers are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

*irmingham*—Catherine Thrower, 2803 Highland
*Mobile*—Marian Baker, 1151 Springhill

ARIZONA

*Phoenix*—Herbert Penn, 1745 W Northern
*Tucson*—Jack Clemenson, 1236 N 4th ave

ARKANSAS

*ittle Rock*—Mamie Spencer, 1516 Spring

CALIFORNIA

*lhambra*—Albert Ransford, 25 N 2d
*uburn*—John Hinkle, Seventh Day Adventist church
*akersfield*—Unity, Brower bldg
*urbank*—Joseph & Mildred Haggerty, 3607 W Magnolia
*astro Valley*—Miki Bowen, 20107 Redwood rd
*ompton*—Margaret Butterworth, 411 S Santa Fe
*ovina*—Frances Flickinger, 17157 E Badillo
*ulver City*—Carroll Moore, 3979 Tilden
*condido*—Unity, 203 E 5th
*esno*—Edward Jennens, 985 Palm
*endale*—Clifford Carpenter, 119 S Kenwood
*untington Park*—Edna Drebert, 7900 State
*glewood*—Frank Hax, 820 Java
*Crescenta*—June Jones, 2819 Montrose
*Jolla*—Lola Mays, 5455 La Jolla
*ng Beach*—Sarah Switzer, 935 E Broadway
*s Angeles*—Ernest C Wilson, 635 S Manhattan Pl; Helen Mouton, 4419 Mettler; Ysobel Stoneman, 2331 Westwood
*anhattan Beach*—Winifred Dietz, 32d & Highland
*rced*—Cecil Lake, Tioga hotel
*odesto*—Russell Kemp, 201 Eye
*onterey*—Sonja Samiran, 135 W Franklin
*pa*—Helen Wade, Churchill manor Brown & Oak
*th Hollywood*—Joseph & Mildred Haggerty, 11050 Hartsook
*kland*—Alma Morse, 144 Athol
*ceanside*—Gilberta Sommer, 1st & Ditmar
*lm Springs*—Viola Lukawiecki, penthouse 30, the Plaza
*adena*—Max Flickinger, 836 E Washington; Carrie Love, 80 Orange pl
*nona*—Gertrude Tuntland, 524 E asadena
*Flands*—Harriet Nicholls, 235 Nordina
*Hmond*—Edna LeSage, 1108 Nevin
*Riverside*—Unity, 3645 Locust
*Sacramento*—John Hinkle, 1025 9th; Unity, 4553 North ave
*San Bernardino*—Harriet Nicholls, 763 D st
*San Diego*—Wendell Mixson, 1st ave at Thorn
*San Francisco*—Mary Scully, 25 Fulton; Ethel Higgins, 2690 Ocean
*San Gabriel*—Warren Kreml, 325 S Pine
*San Jose*—Lee Norment, 1040 the Alameda
*San Leandro*—Barbara Lyon, 501 Joaquin
*San Mateo*—Cleo Lee, 48 2d ave
*San Rafael*—Helen Wade, 701 Mission
*Santa Ana*—C Leroy Tuntland, 2015 N Broadway
*Santa Barbara*—Wm Helmbold, 227 E Arrellaga
*Santa Cruz*—Pauline Powell, 407 Broadway
*Santa Monica*—Sue Sikking, 1245 4th
*Santa Rosa*—Helen Wade, 1118 Sonoma
*Stockton*—Grace & Laurance Swannell, 48 W Poplar
*Temple City*—Glenna Arrowsmith, 5950 N Temple City blvd
*Van Nuys*—Rose Schneider, 13250 Chandler
*Ventura*—Arthur Sikking, 2020 E Main
*Vista*—Gilberta Sommer, 239 W Lado de Loma
*Walnut Creek*—Marie Giles, 1360 Locust
*Whittier*—Robert Burke, College at Bright
*Yucaipa*—Rosemary Williams, 12202 California

COLORADO

*Colorado Springs*—Charles Neal, 317 E Boulder
*Denver*—Alice Johnson, 1410 High
*Grand Junction*—Mabel Donaldson, 3205 N 12

CONNECTICUT

*Bridgeport*—Dorothy Lundgren, 919 Fairfield ave
*Stamford*—Fred Martin, 26 Morgan
*West Hartford*—Merton Thorpe, 1 Walbridge rd.

DELAWARE

*Wilmington*—Gladys P Clarke, Du Pont hotel

DISTRICT OF COLUMBIA

*Washington*—Ann Sandefer, 601 13 NW

FLORIDA

*Clearwater*—Mary Powell, 15 S Osceola
*Daytona Beach*—Robert Kehoe, 213 Orange

*Delray Beach*—Eva Rosencrans, 415 E Atlantic
*Ft Lauderdale*—Elizabeth Turner, 210 SE 10 terr
*Ft Myers*—Ann Werner, 1200 Lafayette
*Hollywood*—Nora Campbell, 112 Harrison Arcade
*Jacksonville*—Wm & Bonnie Grenson, 634 Lomax; Sallye Wannamaker, 1420 Tyler
*Lakeland*—Lucile Miller, 214 S Iowa
*Lake Worth*—Mary Kupferle, 628 No H
*Miami*—John Baughman, 412 NE 22d St
*Miami Beach*—May Stoiber, 5501 Pinetree
*Orlando*—Carolyn Parsons, 503 S Orange
*Pensacola*—Dorothy Thomas, 114 W Garden
*Pompano Beach*—Frances Jarrell, 5 NE 27 ave
*Sanford*—Josephine Stuckie, Perkins bldg
*Sarasota*—Dorothy Roy, 1237 N Palm
*St Petersburg*—Louise Beaty, 801 6 ave S; Catherine Brooks, 511 Prescott S
*Tampa*—Ruby Wagner, 626 No B
*West Palm Beach*—Hal & Lassie Rosencrans, 1957 S Flagler
*Winter Haven*—Rae Vaughn, 401 Ave A NE

GEORGIA

*Atlanta*—Marie Guental, 365 Ponce de Leon NE; Mabel Butts, 382 Ashby NW
*Macon*—Marie Guental, Hotel Lanier

HAWAII

*Honolulu*—Marie Handly, 240 Lewers rd

IDAHO

*Moscow*—Phil Stovin, 309 E 2

ILLINOIS

*Alton*—Ethel Bradley, Mineral Springs Hotel
*Bloomington*—Arthur Tanner, Prairie at Monroe
*Champaign*—Viretta Sutherland, 212 W Hill
*Chicago*—Gladys Spaulding, 30 N Dearborn; Janet Beaudry, 410 S Michigan; Myrtle Moore, 1129 E 45; Henrietta Gordon, 1245 W 63; John Johnson, 1650 S Central Park; Johnnie Coleman, 6156 Cottage Grove
*Decatur*—Hazel Erisman, 317 W Decatur
*E St Louis*—Florence Schaefer, 656 N 79
*Evanston*—Maud Kellogg, 840 Forest
*Jacksonville*—Viretta Sutherland, Dunlap hotel
*Mattoon*—Grace Wright, 1601 Wabash
*Oak Park*—Warren Meyer, 104 N Oak Park
*Peoria*—Eva Conover, 622 Main
*Rockford*—Bernice Biggers, 115 Regan
*Springfield*—Margaret Cain, 709 S 7th

INDIANA

*Ft Wayne*—Eleonore Krafft, 2440 Fairfield
*Hammond*—Grace Free, 740 River dr
*Indianapolis*—Charles Roth, 907 N Delaware

IOWA

*Des Moines*—George Borgeson, 3118 Gra

KANSAS

*Topeka*—Louvilla Fielder, Jayhawk ho
*Wichita*—Carl & Lois Moran, 2160 Oliver

KENTUCKY

*Louisville*—Charles Korfhage, 757 Brook; Ruth Cox, 2907 Virginia

LOUISIANA

*Baton Rouge*—Helen Robert, Capi House
*New Orleans*—Elois Echlin, 6966 Catir Ruth Murphy, 622 Commercial Pl
*Shreveport*—Howard Bradford, 721 C lege

MAINE

*Portland*—Grace Dickhaut, 93 Hi

MASSACHUSETTS

*Boston*—Elinor McDonald, 30 Huntin ton
*Cambridge*—Edna Titus, 881 Massach setts
*Worcester*—Marjorie Russell, 544 Main

MICHIGAN

*Ann Arbor*—Marie Munro, 310 S St
*Battle Creek*—Kenneth Brabeau, 286 N Capitol
*Bay City*—Aelola James, N Jefferson a
*Detroit*—Eric & Catherine Butterwor 17505 2d blvd; Virginia Shipley, 6 Empire bldg; Lois Anderson, Englewood; Estelle Palmer, 117 Goodwin
*E Lansing*—Roxie Miller, 425 W Gra River
*Flint*—David Williamson, 727 East
*Grand Rapids*—Leon Miller, 530 Ser ner ave NW
*Grosse Pte Woods*—Eve Edeen, 207 Mack
*Jackson*—Kenneth Brabeau, Dwight bl
*Kalamazoo*—Amy Moffett, 299 W Dutt
*Lansing*—Nora Hines, 2511 S Washingto
*Midland*—Aelola James, Community ce ter bldg
*Muskegon*—Leon Miller, YWCA
*Pontiac*—Diane Seaman, 70 Chamberla
*Royal Oak*—Walfred Taurainen, 25 Crooks

MINNESOTA

*Minneapolis*—Eugene Sorflaten, 23 Hennepin

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*Independence*—Fannie Baldwin, 101 Main
*Kansas City*—Louis E & Ethel Mer 707 W 47th; Geo Hilbert, 52 Chouteau dr
*Lee's Summit*—Unity Village Center
*Lemay*—Julia McKee, 3701 Bayless

*verland*—Kate Evans, 2422 Goodale
*pringfield*—Robert Nutter, 1300 E Elm
*Joseph*—Osla Jones, 1202 Felix
*Louis*—Dale Batesole, Skinker & Forsyth; Hilda Westermeyer, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Louise Lawrence, 4328 Easton

MONTANA

*illings*—Jess McGuire, 101 Lewis
*ozeman*—Mary E Wessel, 103½ Bridger Arms
*utte*—Esther Lewis, 300 S Montana
*reat Falls*—Ann Winstead, 1023 2 ave S
*ivingston*—Mary E Wessel, 322½ W Callender

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*maha*—Lloyd Gibbs, 1317 N 42d

NEVADA

*eno*—Fay Caswell, 847 N Center

NEW JERSEY

*sbury Park*—John Manola, 3d & Emory
*ergenfield*—Katharine Brookman, 262 S Washington
*ackensack*—Eleanor Drew, Woman's club
*ontclair*—Gladys Stevenson, 6 S Fullerton
*ewark*—Edith Berry, 20 Hill
*aterson*—Louise Gerhold, YMCA 128 Ward
*ndgewood*—Louise Gerhold, 365 S Maple
*renton*—Edith Berry, 489 W State
*estfield*—Edith Appleton, Woman's club

NEW MEXICO

*buquerque*—Mina Stevenson, 1219 Tijeras ave NW; Thomas Coates, 112 San Pedro SE

NEW YORK

*ffalo*—Lillian Matthews, 1243 Delaware
*ushing*—Glenn Mosley, 140 Sanford
*reat Neck*—Emma Jean Sartori, Community church
*untington*—Glenn Mosley, 559 Woodbury rd
*ew Rochelle*—Ethel Nickelsen, YMCA 175 Division
*ew York*—J Sig Paulson, 143 W 51; Crichton Boatwright, 23 E 37; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Flash Washington, 360 W 125; Unity, 226 W 145 st
*chester*—Elise Rosenburg, 55 Prince
*ra use*—James Lewis, 300 W Seneca turnpike
*lley Stream*—Stella Wrenn, 14 E Mineola
*hite Plains*—Eleanor Drew, 254 Martine

NORTH CAROLINA

*heville*—Velma Hoffman, 430 McDowell

OHIO

*ron*—Wm Fischer, 1075 W Market
*nton*—Fred Beale, 2508 Market N
*cinnati*—Erna E Wissmann, 4694 Hamilton; Millie Leslie, 18 W 9; Grover Thornsberry, 2853 Madison
*Cleveland*—Norman Olsson, Sheraton-Cleveland hotel
*Cleveland Heights*—Winifred Wilkinson, Heights Masonic temple
*Columbus*—Curtis Wilson, 3568 Olentangy River rd
*Dayton*—Michael Giannuzzi, 1008 Grand ave
*Hamilton*—Ruth Seaton, 117 Ross
*Springfield*—Wm Nevil, 2215 E High
*Toledo*—Wallace Tooke, 2740 Upton

OKLAHOMA

*Bartlesville*—Ruth Jacques, 825 Cherokee
*Muskogee*—Ruth Jacques, 1210 Boston
*Oklahoma City*—Alice & Schuyler Cronley, 318 Midwest bldg
*Okmulgee*—Ruth Jacques, McCullough bldg
*Ponca City*—Ruth Jacques, 106 S First
*Tulsa*—Norman Godfrey, Grace Kehrer, 25 E 19; Dan Saunders, 1116 S Canton

OREGON

*Eugene*—Hugh White, 790 W Broadway
*Medford*—Katharine Bosworth, 995 S Oakdale
*Portland*—Ross Goodman, 4525 SE Stark

PENNSYLVANIA

*Philadelphia*—Adelaide Cotter, 245 S 16
*Pittsburgh*—Andrew Carlson, 809 Arch

PUERTO RICO

*San Juan—Santurce*—Rafaela & Conchita Melendez, 306 Condado ave, stop 17
*Ponce*—Esteban Rodriguez, Primer Piso Edificio Torres

TENNESSEE

*Knoxville*—Grace Comley, 717 Walnut SW
*Memphis*—Hassall Self, 1 E Parkway N; Montee Falls, 1062 S Wellington
*Nashville*—Ken Tiffany, 1816 Broadway

TEXAS

*Amarillo*—Eugenia Lane, 2120 Tyler
*Corpus Christi*—Ross Peeler, 330 S Tancahua
*Dallas*—Ruth Gillespie, Cora Crandall, 5638 McCommas
*El Paso*—Mabel Peck, 1300 E Rio Grande
*Fort Worth*—Ruth Johnston, 901 Page
*Houston*—Dale Newsum, One Chelsea pl; Corine Smith, 3902 Leffingwell
*Lubbock*—Irene Duncan, 2119 ave M
*San Antonio*—Mary Myles, Maverick bldg

VIRGINIA

*Fairfax*—Mildred Park, 202 E Main

WASHINGTON

*Bellevue*—Daniel J. Perin, 401 104th NE
*Bremerton*—Marion Brown, 925 Park
*Everett*—Unity, 2701 Rockefeller
*Greenbank*—Beulah Scott, Greenbank Club House
*Redmond*—Ella Peterson, Cedar & Kirkland (library bldg)

*Seattle*—Donald & Dorothy O'Connor, 4030 Arcade bldg; Ella Peterson, 12746 33d NE
*Spokane*—Phil Stovin, W 1124 6 ave
*Tacoma*—Helen Stiegler, 2102 S 23
*Yakima*—Marguerite Landis, Masonic temple

WISCONSIN

*Madison*—Fern Mack, 208 W Gorham
*Milwaukee*—Mae Lundahl, 1820 E North; Emma Terrien, 634 W Wisconsin
*Sheboygan*—LuVerna Bauer, 1603 S 9

AFRICA

*Nigeria*—Samuel Uba Oti, PO Box 366, Onitsha

CANADA

*Montreal*—May Duncan, 3455 Girouar
*London*—Herbert Nicklin, YM-YWCA
*Toronto*—Mary & George Dunning, 17 Eglinton ave W
*Vancouver*—Ross Breakwell, 1605 W 1 ave
*Winnipeg*—Unity, 356 Furby

ENGLAND

*Easington Village*—Thomas Merringto 11 Sea View, Co Durham
*Kingston-on-Thames*—Robert Sikking, Ashdown rd
*Sunderland*—T Merrington, Co Durha

Unity literature in French: ASTRA, 10 rue Rochambeau, Paris 9e, France; in Italia Eva Pasini, 5 Corso Genova, Milano (328), Italy; in German: Kathe Blenkne Deutschherrenstr 190, Bad Godesberg-Lannesdorf; in Swedish & Finnish: Mai Bloomberg, Tevakoski, Finland: W A DaSilva, Caixa 1340, Sao Paulo, Brazil (*Dai Word* in Portuguese)

## The Purpose of Unity

Unity School of Christianity is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers, societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close cooperation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire. Unity teachings explain the action of mind, the link between God and man. They explain how mind affects the body, how it brings man into an understanding of God. Accept what, in Unity, appears to you to be Truth, and withhold judgment on the remainder until you understand it.

# UNITY BOOKS of Note

## TRUE STORIES OF TRUTH

WHATSOEVER YE SHALL ASK—A collection f eighteen true stories of how Doctor Houston, a 'ruth counselor, helps men and women solve their veryday problems. Down-to-earth accounts of actual hysical healings, desirable jobs obtained, and adustments made in human relations; by Zelia M. Valters. A few of the chapters included are: "Is 'ear Defeating You?" "The Way Out of Failure," Finding a Job," "You Can Love Again," "Ready or a Blessing," and "The Great Open Secret."

OVINGLY IN THE HANDS OF THE FATHER -Evelyn Whitell found the material for this book n real life. A woman is led, through faith, from the enial work she hates to an administrative position ith a large hotel; a man finds that he cannot foreose on a debtor, as he intended, but instead must elp him find work; a wife learns to overcome her ervous fears by trusting in God. Ten compelling ories of faith and trust. Some of the inspiring chapers included, in addition to the title chapter "Lovngly in the Hands of the Father," are: "Practical romises," "God in You," "There Is an Infinite ower within Us," and "Not Where We are but What Ve Are."

*(Each of these books is $2 a copy.)*

# UNITY BOOKS

| | | |
|---|---|---|
| *For Beginners in Truth* | Beginning Again | |
| | Bef | |
| | **Doctor Houston Speaking** | *English, German,* each |
| | Favorite Unity Radio Talks | |
| | God a Present Help | |
| | God Is the Answer | *English, Dutch,* each |
| | Great Physician, The | *English, Spanish,* each |
| | How I Used Truth | *English, German, Greek, Swedish,* each |
| | How to Let God Help You | *English, Greek, Spanish,* each |
| | Lessons in Truth | *English, Japanese, Swedish, German, Italian, Spanish, Russian, French, Dutch, Greek,* each |
| | More Wonderful You, A | |
| | Myrtle Fillmore's Healing Letters | |
| | New Ways to Solve Old Problems | |
| | Peace Begins at Home | |
| | Practical Christianity for You | |
| | Prove Me Now | |
| | Special Methods for Attaining Spiritual Mastery | |
| | Story of Unity, The | |
| | Things to Be Remembered | |
| | Unity's Seventy Years of Faith and Works | |
| | Unity Vegetarian Cookbook | |
| | Whatsoever Ye Shall Ask | *English, French,* each |
| | You and Your Child | |
| *For Healing* | Christian Healing | *English, German,* each |
| | Divine Remedies | *English, French,* each |
| | Jesus Christ Heals | |
| | **Truth Ideas of an M.D.** | *English, Italian, German,* each |
| | **You Can Be Healed** | *English, Swedish,* each |
| *For Prosperity* | Both Riches and Honor | *English, French,* each |
| | **Prayer in the Market Place** | |
| | Prosperity | |
| | Prosperity's Ten Commandments | |
| | **Working with God** | *English, German,* each |
| *For Inspiration* | Best-Loved Unity Poems | |
| | Be of Good Courage | |
| | God Never Fails | |
| | Household of Faith, The | |
| | How to Claim Your Good | |
| | Lovingly in the Hands of the Father | *English, German,* each |
| | Mightier than Circumstance | |
| | Prayer Changes Things | |
| | Sunlit Way, The | |
| *For Devotion* | Effectual Prayer | |
| | Holy Bible, American Standard Version | |
| | Keep a True Lent | |
| *For Advanced Study* | Atom-Smashing Power of Mind | |
| | **Christ Enthroned in Man** | |
| | **Have We Lived Before?** | |
| | **Know Thyself** | |
| | Let There Be Light | |
| | Metaphysical Bible Dictionary | |
| | Mysteries of Genesis | |
| | Mysteries of John | |
| | Revealing Word, The | |
| | Selected Studies | |
| | Talks on Truth | |
| | Teach Us to Pray | *English, French,* each |
| | Twelve Powers of Man, The | |
| | What Are You? | |
| | Your Hope of Glory | |
| *For Children* | Adventures of the Seven Spartans | |
| | Barky's New Home | |
| | Barky and His Friends | |
| | Jet's Adventures | |
| | Jet and the New Country | |
| | Jet's Choice | |
| | Story of Jesus, The | |

# NEWS *from* UNITY

## *Help Teens Conquer Timidity*

Teen-age boys and girls often have feelings of timidity and bashfulness to deal with in adjusting to their new world of young adulthood. In the article "What Can You Do about Bashfulness," which appears in *Progress* magazine this month, they can find helpful tips on what causes these feelings and how to get rid of them. Also of special interest in July is the exciting rodeo story "Standin," by Wayne C. Lee, and many more interesting features.

Each month *Progress,* the Truth magazine for teenagers, presents exciting stories and practical self-help articles that hold up high ideals and help solve the problems that young people have. You can send *Progress* to any young person each month for a year for $2.

## *Sunday-School Material Available*

Are you acquainted with the Sunday-school material that Unity has available for all age groups? There are graded lessons prepared by persons actively engaged in Sunday-school work, birthday buttons, attendance cards, and many more supplies that will be helpful to Sunday-school teachers and workers. A department is maintained at Unity headquarters especially to answer any questions you may have about how these materials may be used to best advantage.

Unity publishes a special catalogue of its Sunday-school supplies, and you may have a copy free on request to the Sunday-school Department at Unity headquarters. (When ordering Sunday-school material, please state the age of the group for which it is intended.)

## *Sure Rehabilitation for Prisoners*

"I want to give my heartfelt thanks to you," writes a chaplain of a prison, "for having sent to us regularly *Weekly Unity, Daily Word, Good Business,* and *Progress* magazines. I want also to give you thanks from the 1800 inmates of this institution who enjoy reading your magazines. We do not have a fund with which to purchase religious material, but have to depend on the charitableness of Christian men and women and Christian organizations such as yours. I am striving to get more religious material. It is of great importance to the inmates, and I need all the help I can get. The men have much time on their hands and do read, so it is of great concern to me what kind of material they have available. I can think of no better Christlike spiritual magazines than you have to offer, and they are appreciated by all. These men need Christ in their lives, and your publications help them to gain this knowledge. Christ is the one way of sure and positive rehabilitation for these inmates. You are helping in this harvest. I realize this is an expense and trouble to you, and I do appreciate your sending your magazine regularly."

It is through the love offe ings of interested friends tha this work of Unity's Silent-7 Department is made possibl and we wish to pass this ap preciation on to all who hav helped and who will do so i the future.

## *Should You Follow Your Hunches?*

Most of us have "hunches occasionally—sudden im pulses to do or say something for no obvious reason. Som of these impulses, of course should not be followed; bu sometimes it is a good ide for us to act on them, for the can be a leading from Go for our inspiration and help

In his unusual article "Pa Attention to Hunches," i the July 31 issue of *Weekl Unity,* Bill Grimm tells hov to know whether a particula hunch is a good one to fol low. He shows how follow ing hunches has helped me and women in their dail lives and includes the state ment of a noted psychologi of the two chief qualiti needed for successful living.

Each week *Weekly Uni* offers eight pages of inspirin articles, Bible lessons, lette from readers about praye answered, a column by Lov

ell Fillmore (president of Unity School), a message from Silent Unity, and other helpful features. For $2—ess than four cents an issue—you can receive this good news of Truth in action each week for a full year. Be sure to ask that subscriptions you order include July 31, so that you can read this inspiring article.

## "A Permanent Part of My Life"

"Unity became a permanent part of my life thirty years ago," writes a friend in Washington, "and the application of its teachings brought about many wonderful changes, including a perfect healing for me. Therefore, I am indeed appreciative of all your wonderful work. Through my ability to call on Silent Unity, my friends who have previously felt so alone with their troubles have been helped to find great comfort. One received such peace of mind the last time you answered our call. Her response was immediate, and her release from the hospital was a cheer delight to her loving family. All summer she has steadily improved. Bless you all for a wonderful work!"

And another friend in California writes, "We are readers of your magazines and have been followers of Unity for nearly four generations. We were raised on *The Prayer of Faith,* and my children love it too."

We bless these friends for the love and loyalty that they have shown over the years, and we are humbly thankful for the good that they have received through our efforts. We pray that we may be enabled to help more persons with the glorious Truth message that can transform their lives as they want them to be.

## Unity Blessings for Vacations

Unity has several cards that you might find helpful for your vacation trip. If you travel by plane, the *Airplane Blessing* will be helpful; if you go in a car, you will want to take the *Automobile Blessing* with you. To help you save the money for your trip, the *Purse Blessing* may come in handy.

Unity has some forty two-cent cards available on many different subjects, including a prayer for salesmen, for teachers, and for students. Unity will be glad to send you, on request, an order form that lists these two-cent cards, so that you may look them over and decide which

ones you would like. Just send your request to Unity headquarters at Lee's Summit, Missouri.

## *Coming Next Month in* UNITY

Does worry ever bother you? Would you like to know how to eliminate it from your life?

Worry is a highly annoying habit, and yet it seems to be a very difficult one for many of us to break. It has an almost magical fascination for us, and although it makes us most uncomfortable, we cling to our worries and clutch them to us as if they were our most priceless possessions.

"You too can rise above worry," Jess McGuire assures in his article "Above Worry," which will appear in August UNITY. "Worry can come only through our mind, in the misuse of our God-given mind. By learning to control our thought processes, we put worry into constructive channels; we bring light and cheer into a gloomy world."

In this article Mr. McGuire gives three definite and practical steps to take that can help you rise above worry and turn its energy into a force for good in your life.

There will also be more inspiring and helpful articles in UNITY next month, including the regular message from Charles Fillmore's writings. Be sure to look for these articles in the August issue and to share them with your friends, either by passing along your copy or by ordering gift subscriptions for them.

## *Animal Stories for Children*

Children love stories about animals, and the July *Wee Wisdom* features five animal stories that they can enjoy and learn from:

"God and the Pony," by Marian F. Seelye; "Perky, the Lost Dog," by Thelma Carleton; "Ozzie Sees a Strange Sight," by Georgia Tucker Smith; "Tracks in the Desert," by Lawrent Lee; "The Adventures of Julie and Gertie" (final chapter) by Beatrice Chesebrough.

All of the features in *Wee Wisdom* are chosen for their ability to build character, so that children may form good character traits and a firm foundation in Truth as they are enjoying exciting, appealing reading and fascinating things to do. *Wee Wisdom* will come to any boy or girl for a full year—twelve colorful issues—for $2.

# *Music and Meditation*

## RECORDED FOR YOU BY UNITY ON NEW RECORD

You will find rich spiritual enjoyment in the new Unity long-play record, A QUIET TIME of Prayer. This twelve-inch record presents historic Unity messages originally recorded in the 1920's, present-day messages, and specially arranged Unity music.

THE MUSIC features soloist Pauline Denisston singing "God Bless You Everyone" and "This Is My Garden," the theme songs for Unity's radio and television programs, written by Dr. Carl Frangkiser, Unity's director of music.

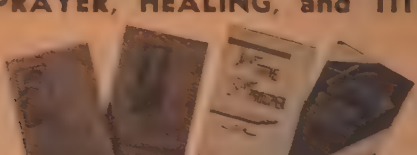
THE MEDITATION features the speaking voices of the founders of Unity. You will hear Charles and Myrtle Fillmore giving such famous selections as "The Lord's Prayer," "The Consecration of the Room," and "The Prayer of Faith." Lowell Fillmore (President of Unity) gives a message from his two books, and Rosemary Fillmore Grace (of the "Daily Word" television program) gives a message from the books of Myrtle Fillmore.

The new record A QUIET TIME of Prayer (with the Founders of Unity) is made of unbreakable Vinylite, is recorded on both sides, plays at 33⅓ rpm, and comes with a booklet giving the complete printed text of each message used. You may order your copy of this inspiring new record, priced at $3, from your local Unity center or direct from:

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

# 4 LOW-PRICED BOOKS ON PRAYER, HEALING, and TITHING



Here are four Unity books that are small in size and price but offer you a wealth of powerful ideas for immediate, practical help:

BOOK OF SILENT PRAYER—Here are favorite Truth poems, prayers, and short articles by Charles, Myrtle, and Lowell Fillmore, and other Unity writers. Charles Fillmore's powerful "A Sure Remedy" is included, as are many Silent Unity prayers and affirmations for special needs. Price, 50 cents.

THE SILENCE—E. V. Ingraham explains the practice of silent prayer clearly so that anyone can understand and use it effectively. Sections on "Concentration," "Attention," "Relaxation," "Place and Position," and other helpful subjects are included. Price, 50 cents.

AS YOU TITHE SO YOU PROSPER—L. E. Meyer, minister at Unity Temple in Kansas City, Missouri, explains the spiritual idea behind tithing, how tithing increases your prosperity, and answers many other questions on the subject. Price, 50 cents.

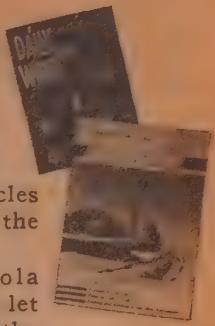
A SIX-DAY HEALING PRACTICE—Charles Fillmore originated this six-day course for those new to Truth. This small book can help anyone demonstrate the healing power of God. Price, 25 cents a copy.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

## 2 Birthdays This Month

## DAILY WORD and GOOD BUSINESS



DAILY WORD—Introduced in 1924, this Unity magazine has helped millions begin their days in a happy, helpful frame of mind with its daily prayer, meditation, and Bible verse. It also includes inspiring poetry and short, uplifting articles such as these which appear in the July issue:

"Everlasting Arms"—Viola Lukawiecki explains how to let yourself be borne along on the "everlasting arms" and make life smoother and happier. "Do Your Moods Become You?"—Hazel Jay tells how to cultivate moods that help instead of hinder you.

GOOD BUSINESS—Introduced in 1922, *Good Business* has a long history of helping those in the workaday world to prosper by applying Christian principles. Each monthly issue prints success stories by and about men and women who have proved the effectiveness of these principles. It also offers specialized departments such as:

"Pocket Power"—These prayer cards are printed on the back cover so that they may be clipped and carried in pocket or billfold for instant referral—yet the magazine cover remains intact.

Either *Good Business* or *Daily Word* is $2 a year. Send your order for subscriptions for yourself or friends to:

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

## "Not One Day of Difficulty in Meeting Our Bills"

"Please send me another Prosperity Bank," writes a friend in Texas. "Since I began following the drill faithfully, my husband and I have not had one day of difficulty in meeting our bills. This method of giving has brought a renewed light into our lives."

The Prosperity Bank plan can help you, too. Each day you bless and deposit a coin. Silent Unity prays with you for your success as you follow the drill. After seven weeks the amount saved may be used to pay for the UNITY subscriptions you have ordered. The subscriptions begin at once, but you have seven weeks in which to save for them. Send for your Bank and instructions and let this plan help you.

Unity School of Christianity, Lee's Summit, Mo.

.....(Please PRINT all Names and Addresses).....

Here is my order for three UNITY gift subscriptions ($2 each) and a Bank in which to save the $6 cost of these subscriptions.

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

U-7-60

# *Announcing a* NEW *Unity Book*

# HOW TO CLAIM YOUR GOOD

If you are familiar with William A. Clough's writings that have appeared in UNITY magazine, you already know how much help his articles give. Whether you are or not, you have a real treat in store for you when you read his new book *How to Claim Your Good.*

A favorite Unity author for many years, Mr. Clough writes with a newspaperman's keen understanding of people—their interests, needs, and aspirations—out of a background of years of active church life and application of Christian principles. Now, in answer to many requests, Unity is happy to present this book of his writings.

Appropriately titled *How to Claim Your Good*, this new book gives practical ideas and methods you can use to discover new health, prosperity, happiness, harmony, and success. Each article included has been especially popular and has helped many persons. Some chapters included are: "Do You Know What You Want?" "The Land of Beginning Again," "The Master Light," "The Unfolding Truth," and "The Law Never Fails."

Send for your copy of *How to Claim Your Good* and learn to bring more good into your life than you have ever known before. Copies are $2 each, from your Unity center or from:

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

# Sweet Proof

*Maurine Hathaway*

Now summer is advancing to fulfill
The lovely promises that springtime made.
Grass deepens in the pasture on the hill;
Lush gardens thrive in sunny cove and glade;
Fruit plumps and mellows on the orchard trees;
Young wheat blades ripple in the emerald field.
Gay clover blooms play host to humming bees,
And upland meadows hint a bounteous yield.

Oh, beauty, cheer, and plenty everywhere,
With song of brook and breeze and wild bird's call,
Impart sweet proof of God's providing care
And love for us, His children, one and all.

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